

ER Chronicles: Not a Patient Patient



Arlen R. Stauffer, M.D.

"Now, Jake, tell the truth!" Maggie looked her husband straight in the eyes, and he knew he'd need to speak the whole truth.

As usual, Jake had been minimizing his version of today's events as he spoke to the emergency physician. He really frustrated Maggie sometimes.

"OK. OK. So I did have some aching up here in my chest," Jake pointed to an area above his left breast.

Emergency physician Tammy Cortez smiled. She had encountered hundreds of people like Jake, each one certain that this ER visit was a complete waste of time. Yet, Jake was here in the ER, perhaps an appearance forced by his wife, or maybe—just maybe—he did have some concern about that discomfort deep in his torso.

"When did this ache start, Jake?" Cortez began compiling the facts. "And tell me more about how it feels."

She asked dozens of questions, and, little by little, was able to drag all of the needed information out of Jake. It really only took five minutes, but

Cortez now knew that the chest discomfort had lasted three hours, that this was the first episode of such symptoms, and that there did not seem to be a bit of nausea associated with the pain.

She also obtained the whole story on Jake's family, and seemed particularly interested in the fact that Jake's younger brother had just had quadruple coronary bypass surgery. Jake also had to admit he had smoked cigarettes for 32 years.

"But I haven't had one for almost a year now," he said proudly.

During this questioning session, a technician had attached Jake to an EKG machine. He watched a sheet of paper with a bunch of squiggly lines flow from the edge of this machine, and Jake noticed Cortez studying it as they talked. Another technician had drawn blood from a vein in Jake's left arm. A nurse had oxygen flowing into a plastic tube that fit into Jake's nose.

"And how does your chest feel right now, Jake?" Cortez waited for the answer.

"Well, it's a little better since she put that oxygen on me, doc. But I still feel this little pressure in here," He pointed to his upper chest again.

Turning to the nurse, Cortez made some requests. "Let's give him two baby aspirin tablets to chew, and let's try some sublingual nitro."

"Nitro! Isn't that for heart problems, doc?" Jake sat up in the bed.

"Now Jake, calm down. We're just trying a couple things to see if we can get that chest pain to go away. Your EKG looks OK, but we're not going to assume that everything is OK until we get all of the tests and see how you respond to our treatment."

Jake settled back on the ER stretcher. He took a deep breath and tried to relax.

Over in the chair along the wall in Jake's room, Maggie shook her head. She hoped her stubborn husband would remain cooperative with the doctor and nurses.

After Cortez and the nurse left the room, Maggie spoke up. "Jake, just let them do their thing. They know what they're doing. Lie back and keep quiet. I don't want you having a big heart attack like your brother had."

Jake was trying to relax. The nitroglycerin that was dissolving under his tongue was causing quite a tingling sensation in his mouth. He was certain

all this fuss was unnecessary.

The nurse returned. "OK, Jake, it's been five minutes. Did that nitro seem to have any effect on your chest pain?"

"Well, it probably wasn't that, but it does seem to be gone now," Jake became bolder. "You know, I think I'm fine now. Maybe I should go on home. I don't feel anything there now!"

"No you're not!" Maggie retorted. "They're not done with you yet!"

The nurse smiled and left the room again. She returned with a glass bottle she had connected to a small machine that seemed to feed into the intravenous line.

Jake rubbed his forehead, then he rubbed his hands together. He was not a patient patient.

Ten minutes later, Cortez returned. She nodded to Maggie, then looked Jake in the eyes.

"Jake, your tests have come out pretty good. But—and this is a big but—I'm concerned about the pains you had. Some of the characteristics of that pain sounded like heart pain; this could be angina, or even a little heart attack."

Jake's face was contorted into a distrustful look. Maggie, however, was nodding her head

as though she was in complete agreement with what Cortez was explaining.

Cortez continued. "I'm recommending you be brought into the hospital form some additional tests, so we can be sure whether these symptoms come from your heart or not."

Noting Jake's persistent look of disagreement, Cortez tapped a finger on the front of Jake's chest and added, "You only get one of these, Jake."

Catching a glimpse of the look of determination on Maggie's face, Jake knew any further resistance would be fruitless.

"All right, doc," he sighed. "What do I have to do now?"

"All you really need to do is relax, Jake. We have you on a couple of medicines to keep your heart stable and to prevent any little blood clots—like the ones that cause heart attacks. I'll talk to the cardiologist, and get a bed for you upstairs."

"OK, doc. Let's get this show on the road."

Chest pain is a common presenting complaint in emergency departments all over the world. The emergency physician's immediate concern is to identify the potentially life-threatening causes of such

pain.

Discovering the cause of chest pain can be quite challenging at times. While any complaint of chest or upper abdominal pain could be due to the heart, the actual physical examination findings and results of lab tests may not be helpful in the emergency department setting. Consequently, the possible diagnosis is often based on the history obtained, a process that is subject to the preconceived ideas and biases of both the examiner and the patient.

Patients with acute chest pain are given evaluation and treatment priority in the emergency department, and an accurate history of the symptoms is the most important tool in the diagnostic work-up.

The dangerous causes of chest pain include the heart (angina or a heart attack), a tearing of the wall of the aorta blood vessel, a blood clot that lodges in the lungs, collapse of a lung, and rupture of the esophagus. There are many other less dangerous causes of chest pain.

DR. Stauffer, an emergency physician in New Smyrna Beach, is a member of the Florida College of Emergency Physicians.

Watermelon, always a summertime favorite, good for you



Katrina Elsen, Contributing Editor

Watermelons are one of summer's best sweet treats. Watermelon served ice cold quenches the thirst as well as taking the edge off your hunger. And you can eat a lot of watermelon without feeling uncomfortably full or worrying about gaining weight.

Watermelon has no fat. I saw an ad this week proclaiming a certain brand

of watermelons as "cholesterol free." Of course they contain no cholesterol. I always smile when I see an ad proclaiming that a certain fruit or vegetable product contains no cholesterol. It seems that should go without saying. Cholesterol is another word for animal fat.

The part of the watermelon that you eat is about 90 percent water, so a large slice has less than 100 calories. The natural water in a watermelon also helps rehydrate your body on a hot day.

Watermelon is also a good source of Vitamin C and Vitamin A. They also contain some iron and calcium and are a good source of dietary fiber.

But there's even more good news. Watermelons contain lycopene.

Recent research also indicates that foods that contain lycopene (which gives watermelons, red grapefruit and tomatoes their red color) may reduce the risk of developing some forms of cancer.

Watermelon and other foods that contain lycopene could help reduce the risk of prostate and colon cancer. A

European study also linked these foods with a reduction in the risk of heart disease in men.

There are many ways to eat watermelon. Families seem to have their own traditions.

Some people cut wedges and eat the fruit without forks. Others cut big rounds, serve it on plates. Some people put salt on their watermelon. I never really understood why. You don't need salt to enjoy a juicy slice of watermelon and most Americans get plenty of salt in their diet without

adding it to fruit. Some people eat only the heart of the watermelon. While this might be less messy, it also means that you don't get to spit out the watermelon seeds, a favorite game of young children.

In my opinion, watermelon is best eaten ice cold and outside. Let the kids enjoy their watermelon. Let them have watermelon seed spitting contests in the grass. You don't have to tell the youngsters that this sweet summer treat is actually good for them.

Things are looking much better for long term care in Florida

By Robert Rosenthal

In the long term care profession, gains are often measured in inches, not necessarily in miles.

Perhaps that is why it was so satisfying to see Governor Jeb Bush and the Florida Legislature take giant steps toward improving the care options for our state's elderly and their families.

Some of the major advancements from the 1999 legislative session:

- Funding for more home and community-based programs to allow Florida's elderly to "age in place."

- Additional funding to better reimburse nursing facilities for the cost of providing care to an increasingly older, more frail and more medically complex resident who can no longer live at home.

- Creation of a "Gold Seal" program that will recognize, reward and duplicate outstanding practices in long term care facilities.

- Additional funding to increase facility staff. By law, the facility can only spend the new money on hiring new nursing staff and keeping the good people working there now.

- Directing that resident and

family satisfaction surveys be a key part of a state "report card" families would use in choosing a nursing home.

The legislature also made much-needed improvements to the state ombudsman's office, including creation of a statewide toll-free telephone hotline to better handle consumer complaints about facilities.

Perhaps even better, the new governor and legislature have adopted a more enlightened approach to regulation of long term care facilities, recognizing that punishment alone has not and will not improve

our state's system of care. It's a welcome shift in philosophy that will foster real progress.

Despite the many improvements, many challenges remain. Primary among them is how our state will deal with the rapidly growing number of elderly Floridians and their own expected long term care needs.

Official estimates have recently been revised upward to predict another one million elderly Floridians by 2015, with the largest increase coming from among those age 85 and older. In just 10 more years, another 100,000 elderly

will be needing some form of long term care. How will our state pay for it all, particularly if the economy suffers a downturn?

Another great challenge is stemming the deluge of lawsuits that drains precious resources from the long term care system. Facilities should be held fully accountable for the quality of their care, but money spent on lawyers and lawsuits is money the facility can't use to improve care for the other residents, not to mention those who will need it in the future.

Our frail elderly deserve and

their families have every reason to expect a high standard of care in every one of our state's nursing homes and assisted living facilities.

A cooperative effort is essential because we all have a stake in improving the system of care for the people whose lives depend on it.

(Mr. Rosenthal is president of the Florida Health Care Association, a professional federation that represents the state's nursing homes and assisted living facilities. His parents were nursing home administrators and were among the very first licensed in Florida.)

Blood drive to be held in Wellington

The South Florida Blood Bank will be at the Wellington Mall, 12794 Forest Hill Boulevard, on Saturday, July 17 from 10 a.m. to 6 p.m.

Sponsored by the South Florida Blood Bank and WMK and County K 107.9 FM, the drive will be held inside the mall at center court.

There will be entertainment, fun activities all day for the kids with a clown, complimentary boarding passes from Sun Cross Casino, WIRK give-

aways and a chance to win a Florida Blood Bank and a Beanie Baby basket. For more information call 561-845-2323, extension 227.

Tips For Seniors

(NAPSA) The National Electrical Safety Foundation offers tips that seniors and everyone should plug into:

- When using extension cords, put them in places where people can't trip over them. Never put cords under carpets or rugs.

- Connecting multiple cords or using damaged ones may cause overheating and fires.
- Keep appliances and their cords away from water. If an appliance falls into water, don't reach in to retrieve it until you unplug the appliance.
- Keep space heaters and fans

- at least three feet away from curtains to help avoid a fire.
- Make sure ground fault circuit interrupter (GFCI) outlets are installed in any area where there is water.
- Never go to bed with a heating pad or space heater turned on.

- If clothing is on fire, remember to stop, drop and roll! It is never too late to be safe. For more safety tips and information, you can visit the Web site at www.nesf.org or write to NESF, 1300 N. 17th St., #1847, Rosslyn, VA 22209.

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Feel strongly about local issues?



The Sun INVITES YOU TO SPEAK OUT! (561) 996-6636

Speak Out is our 24-hour opinion line.

You are not required to give your name. While we want you to speak out freely, the newspaper reserves the right to edit calls for clarity, brevity, relevance and fairness.

Dangerous prisoners are going to be released soon

"Good evening. I've just been watching the morning news and see where some of the dangerous prisoners are going to be released soon in about five or six surrounding counties. I think they should have their pictures posted on the streets and all over the newspapers so that everybody can know what they look like. Also that way we might be able to report any suspicious activities or crimes these people might be committing.

What in the world is happening to our prison system and those guys who are running it? Oh, God save us all."

Who's the boss?

"I'm calling because I'm curious about the City of Pahokee. I know that the employees of the city are answerable to their supervisors. The supervisors are answerable to the city manager.

I am very curious as to who the city manager is accountable to. I know you probably won't print this, but apparently he isn't accountable to anyone.

Please look into this for me."

Editor's note: The city manager is hired by and accountable to the city commissioners. They evaluate the city manager's work and give him input on what they want done. Most cities have a yearly evaluation and also determine when and if to give raises to their current city manager.

In praise of Belle Glade Police Officers

"Yes. I'm calling in reference to some

hearsay around the city. I'm tired of hearing how poorly the City of Belle Glade Police Department is. Maybe this person should be an officer for a week and see what type of calls and people you deal with daily.

Instead of calling the police department with your gripes about an officer or officers maybe you should find something better to do with your time.

If anything, these officers put their lives on the line for you and your family. Think about it before you call and make accusations or gripes against these police officers.

I, for one, know what I am saying as my husband is an officer, and I hear some of what's going on. Believe me, if one of your family members were an officer here or anywhere, you would respect and appreciate what they do for our community.

Thank you."

Stop lights improperly timed

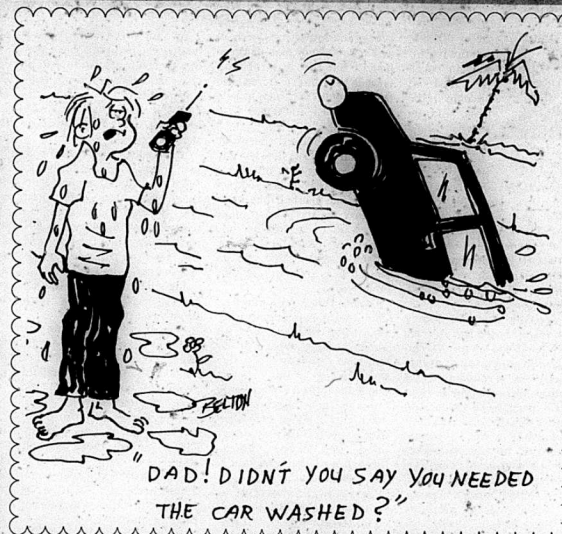
"I'm calling in reference to a couple of issues I have about the lights working around town. For some reason since they've been doing work on them they are not working like they should be.

The one light in particular at Northwest Fifth Street and Canal Street, right there at the bridge, it takes forever to turn and it changes so quickly it doesn't even give enough time for two cars to pass.

Also, right there at Northwest Second Street that bridge at Canal Street, that light never wants to change as well.

I'm also calling about the light at Southwest Avenue B and one of those other streets over there it says 'right turn only,' however I've

See SPEAK OUT, Page 5.



Guest Editorial

In harm's way: Engineers to measure hurricane forces on homes

By Aaron Hoover
University of Florida News

As the hurricane churns towards land, researchers fan out into evacuated coastal cities in the storm's path, setting up equipment that could provide vital new information on nature's most powerful storms.

It sounds like a sequel to *Twister*. But the scene will become a reality this summer, when engineering professors and students from three universities, including the University of Florida, launch a project to learn more about how hurricane-force winds affect homes.

The goal of the Florida Coastal Monitoring Program is to measure wind speeds, sources and pressures on houses retrofitted for hurricane preparedness. Researchers want to learn how effective the retrofits were, how to design more hurricane-worthy homes and whether building codes are up to snuff. They also want to gather information about low-altitude wind speeds and directions in hurricanes, data that is largely unavailable today, they say.

Clemson University in Clemson, S.C., is leading the project, with UF and Florida International University participating. Tim Reinhold, a Clemson associate professor of civil engineering, said the research may shed light on what has become a hotly contested issue.

"After a hurricane strikes, wind speeds tend to get exaggerated and many people believe the storm was so strong damage was inevitable," he said. "Others will say the damage was a result of shoddy construction. And then there are people who say the codes just weren't stringent enough. 'Who is right? Right now, there's so little data as to how strong the winds were and how strong the houses were built, anybody can put up as much smoke as they want to," said Professor Reinhold.

The researchers currently are outfitting 10 homes in South Florida with brackets, wiring and other equipment in preparation for the start of the June 1-Nov. 30 hurricane season. The homes, plus 10 more in the Florida Panhandle to be outfitted later this summer, are receiving hurricane retrofits as part of the Florida Department of Community Affairs' Residential Coastal Mitigation Program. The program, launched after Hurricane Andrew in 1992, provides assistance to homeowners to retrofit homes against wind or water damage.

Homeowners agreed to participate in exchange for \$8,000 to \$12,000 in retrofits.

Kurt Gurley, a UF assistant professor of civil engineering, said researchers will track hurricanes, then work with meteorologists to determine the most likely landfall.

When a hurricane appears about two days away from southeast Florida or the Panhandle, two teams of researchers will load up equipment in vans based in Gainesville, then deliver and install it in the prepared homes in the hurricane's path, Gurley said.

The equipment includes instruments that measure wind speed, direction and pressure and computers that collect and interpret the data for each home. As many as 20 Frisbee-sized discs placed on the homes' roofs will hold many of the instruments, he said. "They're going to tell us how strongly the wind pushes and pulls on the home," he said.

Shortly before the hurricane strikes, when researchers have a more definite idea where it will make landfall, they plan to deploy at least one large trailer with several monitoring instruments directly in the storm's path. "We'll instrument the houses, and as we learn more about where the storm is going we'll put the trailer in place," Reinhold said.

Reinhold and Gurley said little is known about hurricane wind speeds and forces at altitudes of below 30 meters, despite the impact these winds have on houses or other small structures.

They also said that, despite evidence that the gust structure of the winds affects wind loads and influences hurricane damage, there also is little information about exactly how the effects may differ from other types of storms. "What our project does is get at some of that science to provide a baseline of what's going on," Reinhold said.

The Florida Department of Community Affairs is funding the project with grants totaling about \$560,000, much of it going for the purchase of the vans and monitoring equipment, Reinhold said. Given the vulnerability of today's structures to hurricane-force winds, it should be money well spent, he and Gurley said.

"People just seem to accept wind damage as something that happens - they don't realize there's things that can be done," Gurley said. "Even people in very high-risk areas like the Keys can do things to protect their property."

Letters to the Editor

Store video glorifies violence and drug use

Editor's note: Lifelong Belle Glade resident Milton Carpenter wrote the following letter to the management at Macy's. We felt it was compelling enough to share with our readers.

Dear Mr. Gray:

On Friday, July 2, I visited your store at the Palm Beach Gardens Mall, on PGA Blvd, Palm Beach Gardens. While there I was appalled and offended by a "music video" which was being shown on multiple monitors suspended over the "jeans" clothing area on the first floor. This video depicted a teen-aged girl who was obviously under the influence of drugs/alcohol, singing an insane song while driving a convertible. She was sitting on the top of the seat back and driving the car with her feet only on the steering wheel

going the wrong way on a one way street and causing a number of cars and other vehicles to swerve off the road resulting in multiple accidents, cars colliding with each other, rolling over and so forth with obvious severe damage to property and implied death or injury to the occupants. This teen-aged actor had one arm bandaged as one would perhaps expect to see on a heroin addict. Her "singing" and body actions were definitely those of a person drugged by alcohol or other substance. All the while this was happening, she was oblivious to the destruction being caused by her behavior, almost as though she was enjoying it.

This video glorified the criminal actions of a

Letters to the Editor continues on Page 5

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- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.



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A PHOTO FROM 1967...Shown first row, left to right are: FFA sponsor Mrs. Litchfield, Linda Sides, Margaret Cross, Doris Willis, Connie Van Camp, Diane Shiver, Frances Collins. Second row, Linda Richey, Sue Griffin, Carolyn Leonard, Jeanette Riedel, Kathy Morris, Sherri Burgess, Karen Dexter. Third row, Sharon Walls, Alice Halbrook, Henrietta Le Grande, Karen Parker, Kathy Smith, Aggie Gressinger and Anita Cardin.

Letters to the Editor/from Page 4

teen-aged driver who was (1) apparently driving under the influence of drugs/alcohol; (2) driving a vehicle with only her feet on the steering wheel while sitting on the top of the seat back; (3) driving the wrong way on a one way street; (4) causing multiple severe accidents with presumed injury or death to the occupants of other vehicles; (5) totally uncontrolled and apparently felt no remorse for the untold damage and injury she was causing.

Because you made a conscious decision to allow this video to be shown repeatedly in your store, it is obvious that Macy's is guilty of glorifying and giving your approval to the criminal actions of this teen-aged driver. In my opinion, you might just as well have shown a "music video" with a young man, snatching the purse from an elderly woman, throwing her to the ground with presumed injury or death in the process, keeping his ill gotten gains - her money and credit cards - all the while singing and glorifying his criminal action!

SPEAK OUT/From Pg. 4

seen plenty of police officers as well as regular citizens just turning there anyway. Are you not even supposed to cross Main Street? Does this make sense?

You can't even make a left turn? That's not exactly fair either. I want us to get these problems taken care of.

Thank you."

Michael R. Miller, director of public safety/chief of Police responds: "Thank you for bringing the timing of traffic signals to my attention. I too share your frustrations as we have been dealing with this situation for at least one year, however, we are very close to project completion. Presently, all signals are timed to State Traffic Standards for major thoroughfares and local streets. These standards do not take into account any local conditions or problems. Once the project is complete and accept-

ed by Palm Beach County and turned over to the city of Belle Glade for management, we can adjust the timing for local problems and conditions.

One helpful suggestion I might make: please stop on the white line, especially on a bridge with a metal grate."

In reference to "right turn only" on Avenue B, these signs are there to promote traffic safety and apply to everyone, including police officers. However, if a police officer is responding to an emergency call for assistance, a matter of minutes or seconds can save a life, maybe yours or someone you love."

Praise for GGH

"My call is in regard to services being offered at Glades General Hospital.

I recently took a co-worker to the emergency room and the quality of service was exceptionally good.

I left the person at the front

door and went to park the vehicle a few feet away. When I got back he already had a doctor and two other emergency room personnel attending to him.

After he was stabilized and almost ready to be admitted I was asked if I knew his name and address. I do not recall anyone asking about insurance coverage, which is a question that is usually asked prior to one's identity being known.

The emergency room staff was not only professionally good, but they were very friendly.

I feel obligated to speak out because I had personally used the services of this hospital in addition to family members and I can say for sure there is a 99% improvement in the quality of service.

I hope we will continue to see this quality of service not only at Glades General Hospital but in other areas of the Glades.

Thank you for allowing me

With much regret,
Milton O. Carpenter
Belle Glade



WATCH THIS...Doug Crane with the Palm Beach County Library system, entertained children at the Belle Glade Branch Library on Wednesday, July 7 by doing yo-yo tricks. Many of the children brought their own yo-yos and enjoyed participating in the event, titled "Yo-Yo Mania!"

School district hosts Critical Incident Training Conference

Due to increased awareness of potential critical incidents in public and private schools, the Palm Beach County School District Police will host a Critical Incident Training Conference for law enforcement officials.

School Police Chief Jim Kelly said, "In past critical incidents that have occurred in our public schools, the interagency response and cooperation have been excellent. However, Columbine is a warning to us all that we need to have a uni-

form response procedure. Therefore, Ron M. McCarthy, a nationally recognized expert and trainer on Critical Incident Plans, has been invited to facilitate the training which will be held at Royal Palm Beach Community High School."

Mr. McCarthy is recognized in both the U.S. and Canada as a court-qualified expert on deadly force, police use of force, investigation of deadly force, special weapons and tactics, hostage incidents, and more. McCarthy is a Master Faculty

Member, International Association of Chiefs of Police.

On Wednesday July 14 from 9 a.m. until 1 p.m., all police chiefs and designated law enforcement personnel, as well as school administrators and members of the media met to attend the Critical Incident Training Conference. Simulations covering a number of different scenarios were televised live to the auditorium, allowing spectators to view the scenarios without interrupting the simulations.

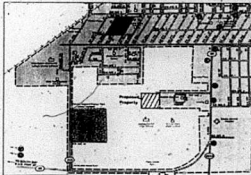
Public Notice

The Belle Glade City Commission will consider adoption of a proposed municipal Ordinance, the title of which is as follows:

Ordinance No. 98-17

AN ORDINANCE OF THE CITY COMMISSION OF THE CITY OF BELLE GLADE, FLORIDA, ANNEXING A PARCEL OF REAL PROPERTY COMPRISING A TOTAL AREA OF 9.10 ACRES, MORE OR LESS, COMMONLY KNOWN AS THE "HOUSTON PROPERTY" AND MORE PARTICULARLY DESCRIBED HEREIN, AND ZONING SAID PROPERTY R-1 (RESIDENTIAL SINGLE-FAMILY); FINDING THAT THE WRITTEN PETITION OF ANNEXATION BEARS THE SIGNATURES OF THE PROPERTY OWNERS; FINDING THAT THE PROPERTY TO BE ANNEXED IS REASONABLY COMPACT AND THE ANNEXATION OF SAID PROPERTY WILL NOT CREATE AN ENCLAVE; AMENDING THE OFFICIAL BOUNDARY DESCRIPTION OF THE CITY; AMENDING THE OFFICIAL ZONING MAP OF THE CITY; DIRECTING THE CITY MANAGER TO TAKE ANY ADDITIONAL STEPS TO EFFECTUATE ANNEXATION; DIRECTING THE CITY CLERK TO FILE A COPY OF THIS ORDINANCE WITH THE CLERK OF THE CIRCUIT COURT OF PALM BEACH COUNTY, THE CHIEF ADMINISTRATOR OF PALM BEACH COUNTY, AND THE DEPARTMENT OF STATE WITHIN SEVEN DAYS; PROVIDING FOR CONFLICTS; PROVIDING FOR SEVERABILITY; PROVIDING FOR AN EFFECTIVE DATE; AND FOR OTHER PURPOSES.

The complete legal description by metes and bounds and the Ordinance can be obtained from the Office of the City Clerk at the Belle Glade City Hall, Municipal Complex, Belle Glade, Florida. The proposed area to be annexed is identified in the map below, followed by a brief description of said property:



A parcel of land part lying in the southeast quarter of the southwest quarter of the northeast quarter and part lying in the northeast quarter of the southwest quarter of the northeast quarter of Section 6, Township 44 South, Range 37 East, Palm Beach County, Florida, said parcel described as follows:

The east 600 feet of the southeast quarter of the southwest quarter of the northeast quarter of Section 6, Township 44 South, Range 37 East, Palm Beach County, Florida.

Subject to an easement over the south 20 feet thereof, (ORB 5693 P93; Public Records of Palm Beach County, Florida). And subject to reservation in Deeds recorded in Deed Book 44, Page 75, and Deed Book 103, Page 83: All of the Public Records of Palm Beach County, Florida.

And Also:

The east 600 feet of the south 1.00 foot of the northeast quarter of the southwest quarter of the northeast quarter of Section 6, Township 44 South, Range 37 East, Palm Beach County, Florida.

Said Ordinance will be considered for second and final reading at the meeting of the City Commission to be held in the City Hall, Municipal Complex, Belle Glade, Palm Beach County, Florida at 7:00 p.m., on the 19th day of July 1999, or continuing from time to time and place to place as said meetings may be adjourned to hear the public.

All interested persons may appear at said meeting and any adjournment or adjournments thereof, and may be heard with respect to said proposed Ordinance.

Published: The Sun, July 8 & 15, 1999

CITY OF BELLE GLADE
DEBRA R. BUFF
CITY CLERK

Arrest Blotters

Editor's note: The police news on this page lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

BELLE GLADE

The Belle Glade Police Department handled 602 complaints and gave 28 traffic citations the week of July 5-11.

Those arrested included:

July 5 - No arrests made.

July 6 - No arrests made.

July 7 - John Green, 36, warrant for burglary to a structure and failure to appear on charges of possession of drug paraphernalia; Gary Rolle, 46, contempt of court; Linda Kellman, 37, failure to appear on charges of gambling with cards; Juvenile, 16, two counts of contempt of court.

July 8 - No arrests made.

July 9 - Salazar Gabriel, 18, failure to appear on charges of unlawful tag; Wendell Baldwin, 19, resisting an officer without violence; Juvenile, 14, contempt of court; Greg Ashley, 31, failure to appear on charges of littering and prowling; Curtis Leon Hill, 30, failure of a sexual predator to properly register.

July 10 - Sonja Colbert, 37, failure to appear on charges of petty theft.

July 11 - Michael Jackson, 32, failure to appear on charges of no or improper driver's license; Jose Israel Rios, 30, possession of marijuana under 20 grams; Javian Johnson, 24, domestic battery.

PAHOKEE

The Pahokee Police Department made 15 arrests, handled 177 calls and issued 5 traffic citations the week of July 5-11.

Those arrested included:

July 5 - Juvenile, 13, aggravated battery; Imicoa Byrd, 30, domestic battery; Lurney Byrd, 35, domestic battery.

July 6 - Juvenile, 15, possession of cocaine; Johnathon Banks, 15, possession of

cocaine; Clifton Brown Jr., 20, possession of cocaine and failure to appear warrant; Tyro Johnson, 19, possession of cocaine; Terrance Moore, 21, possession of cocaine and possession of marijuana.

July 7 - Walter Jones, 50, aggravated battery; Monique Evans, 29, possession of drug paraphernalia.

July 8 - No arrests made.

July 9 - No arrests made.

July 10 - Reynold Marshall, 53, carrying a concealed weapon.

July 11 - Herman Young, 20, obstructing and opposing a police officer; Kevin Young, 22, possession of marijuana and obstructing and opposing a police officer; Donald Johnson, 30, forgery; Juvenile, 16, aggravated assault.

SOUTH BAY

The South Bay Police Department made 11 arrests the week of July 4-10.

Those arrested included:

July 4 - No arrests made.

July 5 - Paul Milner, 19, battery; Adrian Myrick, 18, battery; Terry Durante, 34, warrant for failure to comply; Bertrom Collins, 22, aggravated battery.

July 6 - Akel Clarke, 43, warrant for violation of probation for issuing worthless checks and for failure to appear for a non-jury trial; Terry Ball, 36, warrant for felony driving without a driver's license.

July 7 - Johnathon Rivers, 21, violation of the open container law.

July 8 - Dana Bledsoe, 39, domestic battery; Narvin Green, 44, violation of the open container law.

July 9 - John Early, 28, aggravated domestic battery.

July 10 - No arrests made.

Lake Shore Middle School registration

All students must register before school starts!

Students will not receive a schedule nor be admitted to class if their parent or guardian has not registered them.

Registration date, times and place are listed below:

Aug. 2
Pioneer Park Elem.
4-8 p.m.

Aug. 3
Belle Glade Elem.
4-8 p.m.

Aug. 4
Rosenwald Elem.
4-8 p.m.

Aug. 9 thru Aug. 12
Lake Shore Middle School
S. Campus Media Center

Aug. 13
Lake Shore Middle School
Campus Media Center
9-12 p.m.

Health requirements for students entering 6th grade include: Immunization updated on the blue health record

card #608.

Health requirements for students entering 7th grade include: Immunization updated on the blue health record card #608. Must have A td(Tetanus/Diphtheria Booster), an additional MMR and the Hepatitis B series.

Students new to the Palm Beach County School District must also have a physical and bring the Golden Rod copy with the results of the TB test.

If you have any questions in regards to the health requirements before Aug. 2, you can contact Ms. Taylor, R.N. at 993-4046.

Province - Weeks to wed

William T. and Loretta Weeks of Okeechobee are proud to announce the engagement of their daughter Jocelyn (Josie) to James Wade Province of Port St. Joe.

The prospective groom is the son of Bob and Marilyn Province of Belle Glade.

The wedding is planned for Saturday, July 31 at 3 p.m. at the residence of Dennis and Sandy Maynor in Pahokee.

Josie attended Pahokee High School and is a graduate of Gulf Coast Community College. She is employed as a Corrections Officer with Corrections Corp. of America.

The groom is a 1991 graduate of Pahokee School of Choice. He served two years in the United States Marine Corps and is employed as a surveyor with S.M. Marley and Associates.

The couple will make their home in Port St. Joe.

Pahokee Housing Authority provides holiday dinners for senior citizens

Patricia Brown, Public Housing Manager, Pahokee Housing Authority, donated meals to the seniors of Fremd Village, the development that she manages.

The meal included barbecue ribs, chicken, collard greens, turkey and dressing, potato salad, cornbread, cake and drinks.

Betty Anderson and her family (Omega and Diane Graham), of Fremd Village and Evelyn Warner of Meclure Village, dedicated their time and talents and prepared the meals for the seniors.

Ronald Atkins, Pahokee Housings Maintenance Technician, prepared the barbecue. Helen Theodore (Padgett

Island Homes) and Angela Jackson delivered the meals to each senior's home.

The seniors of Fremd Village extend a sincere thanks to Ms. Brown for her generosity and her thoughtfulness.

So often, seniors are forgotten. We also send a special thanks to all of her volunteers. The food was delicious!



Katrina Michelle Stewart and Terry Tyrone Lampkin Sr. will wed in a double ring ceremony on Saturday, July 17. Katrina of Belle Glade is the daughter of Patay Stewart of Pahokee and Robert Stewart of Pahokee. Katrina attended Glades Central High School and is employed at Palm Glades Security in Belle Glade.

Terry of Belle Glade is the son of Pearlie Mae Willey and Isais Lampkin, Jr. of South Bay. Terry attended Glades Central High School and is employed at USSC in Clewiston.

The marriage will take place at St. John First Baptist Church with Rev. Adams officiating.

Photography contest open to Belle Glade residents

The International Library of Photography is pleased to announce that over \$60,000 in prizes will be awarded this year in the International Open Amateur Photography Contest.

Photographers from the Belle Glade area, particularly beginners, are welcome to try to win their share of over 1,300 prizes.

The deadline for the contest is Sept. 15. Entry to the contest is free and open to everyone.

"Everyone has at least one memorable photo that captures a special moment in time," stated Jeffrey

Bryan, contest Director.

"When people learn about our free photography contest, they suddenly realize that their own favorite photos can win cash prizes, as well as gain national exposure," continued Bryan.

To enter, send one photograph in only one of the following categories:

People, travel, pets, children, sports, nature, action, humor, portraiture or other.

The photo must be a color or a black and white print (unmounted, 8" x 10" or smaller).

All entries must include

the photographer's name and address on the back, as well as the category and the title of the photo. Photographs should be sent to:

The International Library of Photography, Suite 101-9004, 3600 Crandall Lane, Owings Mills, MD 21117. Entries must be postmarked by Sept. 15.

The International Library of Photography is an organization dedicated to bringing the work of amateur photographers to the public's attention. You can visit their website at www.thephotoite.com.

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NASCAR this week

OnTV

- All Times Eastern**
■ Busch Series, Myrtle Beach 250
 9 p.m. • Saturday • TNN
■ Craftsman Truck Series, NAPA AutoCare
 200 1:30 p.m. • Sunday • CBS

1999 POINTS STANDINGS

| WINSTON CUP | BUSCH | TRUCK |
|--------------------------|---------------------------|----------------------|
| 1. Dale Jarrett, 2,839 | Dale Earnhardt Jr., 2,609 | Jack Sprague, 2,190 |
| 2. Jeff Gordon, 2,450 | Jeff Green, 2,324 | Steve Conroy, 2,008 |
| 3. Mark Martin, 2,590 | Jeff Burton, 2,101 | Ron Hornaday, 2,000 |
| 4. Tony Stewart, 2,101 | Elton Sawyer, 2,151 | Andy Houston, 1,992 |
| 5. Bobby Labonte, 2,098 | Dave Blaney, 1,932 | Kevin Harvick, 1,865 |
| 6. Dale Earnhardt, 2,324 | Jeff Purvis, 2,018 | Jay Sauter, 1,930 |
| 7. Terry Labonte, 2,098 | Dave Blaney, 1,932 | Kevin Harvick, 1,865 |
| 8. Jimmy Kitchens, 1,992 | Kevin Harvick, 1,865 | Mark English, 1,804 |

TOP TEN

■ Weekly rankings by NASCAR This Week writer Monte Dutton. Last week's ranking is in parentheses.

- | | |
|-----------------------|------------------------------|
| 1. (2) Dale Jarrett | Ticked off at Gordon |
| 2. (1) Jeff Gordon | Earned 5 points the hard way |
| 3. (4) Jeff Burton | What if he could qualify? |
| 4. (3) Bobby Labonte | Took a big hit |
| 5. (5) Mark Martin | Just that one victory |
| 6. (6) Tony Stewart | The tiger growled |
| 7. (7) Dale Earnhardt | Not fast enough |
| 8. (8) Rusty Wallace | Ditto with Jarrett |
| 9. (9) Ward Burton | Finished 15th |
| 10. (—) John Andretti | Ran out of gas |

1999 WINSTON CUP SCHEDULE

| | | |
|----------|--|--------------------|
| July 25 | Pocono Raceway | Long Pond, Pa. |
| Aug. 7 | Indianapolis Motor Speedway | Indianapolis, Ind. |
| Aug. 15 | Watkins Glen International | Watkins Glen, N.Y. |
| Aug. 22 | Michigan Speedway | Brooklyn, Mich. |
| Aug. 28 | Bristol Motor Speedway | Bristol, Tenn. |
| Sept. 5 | Darlington Raceway | Darlington, S.C. |
| Sept. 11 | Richmond International Raceway | Richmond, Va. |
| Sept. 19 | New Hampshire International Speedway | Loudon, N.H. |
| Sept. 26 | Dover Downs International Speedway | Dover, Del. |
| Oct. 3 | Martinsville Speedway | Martinsville, Va. |
| Oct. 10 | Charlotte Motor Speedway | Charlotte, N.C. |
| Oct. 17 | Talladega Superspeedway | Talladega, Ala. |
| Oct. 24 | North Carolina Speedway | Rockingham, N.C. |
| Nov. 7 | Phoenix International Raceway | Avondale, Ariz. |
| Nov. 14 | Miami-Dade Homestead Motorsports Complex | Homestead, Fla. |
| Nov. 21 | Atlanta Motor Speedway | Hampton, Ga. |

FROM LAST WEEK

WINSTON CUP SERIES

When Tony Stewart ran out of gas with three laps to go, Jeff Burton stole a rather improbable victory in the Jiffy Lube 300, his fourth of the season and third in a row in this event. Burton needed an owner's provisional to make the field, becoming the first driver to win from so deep in the field since Bill Elliott won the Pepsi Firecracker 400 at Daytona in 1988, also from 38th starting position. Only Johnny Mantz, who won the 1950 Southern 500 after starting 43rd in a field of 75, came from farther back.

CRAFTSMAN TRUCK SERIES

Dennis Setzer became the first Dodge driver ever to win twice in a season, winning at Nashville Speedway USA in a rain-delayed Saturday-night race. Kevin Harvick finished second for the third time this year.

FEUD OF THE WEEK

Jeff Gordon vs. Dale Jarrett

On the final lap at Loudon, last year's point champion and this year's leader engaged in a series of bumps, taking up more than half the way around the track, that gave Gordon a third-place finish ahead of Jarrett and caused a considerable share of bad will.

NASCAR This Week's Monte Dutton gives his opinion:
 "Everyone is going to get all hot and bothered about this, but face it: Rivalry is what makes this sport thrive. One group that is not complaining is the ticket-sales department at Pocono, site of the next race."

AROUND THE GARAGE

Should we call it the Jeffy Lube 300 instead?

By Monte Dutton
 NASCAR This Week

LOUDON, N.H. — Should the race at New Hampshire International Speedway actually be called the Jeffy Lube 300?

Jeff Gordon has won three times on the 1.058-mile track. He started on the pole. The only driver to rival his dominance, Jeff Burton, drove from 38th to first to win this particular race for the

third year in a row. Gordon was third. A non-Jeff, Kenny Wallace, slipped into third.

BACK IN 2000: MB2 Motorsports exercised its contract option with driver Ernie Irvan and will remain aligned with Irvan for the team's third year of competition.

"We are ready to finish out the year strong and

head into the year 2000 season with continued momentum," said Tom Beard, co-owner of MB2 Motorsports. "Ernie is our guy, and with the team we have now I feel confident we can achieve our goal of finishing in the top 10 in points."

STIFF FINES: Scott Eggleston, crew chief of Sterling Marlin's Sabco Racing No. 40 Chevrolet,

was fined \$50,000 for engine violations detected before last week's Pepsi 400 at Daytona.

Because the violations were detected before the race and corrected, Marlin's 12th-place finish was not affected, but Eggleston was also placed on probation by the governing body through Oct. 20. The season's final restrictor-plate race will be held at Talladega on Oct. 17.

BUSCH GRAND NATIONAL

Coming up: Myrtle Beach 250

Where: Myrtle Beach (S.C.)
 Speedway (.538-mile track), 250 laps/134.5 miles.

When: Saturday, July 17

Defending champion:

Randy LaJoie

Qualifying Record:

Tim Fedewa, 98.816 mph, July 11, 1998

Race record: Larry Pearson, 79.599 mph, June 10, 1995

Notable: Jimmy Spencer is the only driver ever to win this race twice (1989, 1992).

CRAFTSMAN TRUCK SERIES

Coming up: NAPA AutoCare 200

Where: Nazareth (Pa.)
 Speedway (1-mile track), 200 laps/miles

When: Sunday, July 18

Defending champion: Ron Hornaday

Qualifying record: Mike Bliss, 128.315 mph, July 11, 1998

Race record: Ron Hornaday, 92.402 mph, July 12, 1998

Notable: Jack Sprague won the first two editions of this event before Hornaday ... Bliss has twice won the pole.

PROFILE

Kevin Lepage

By Monte Dutton

NASCAR This Week

Quiet and methodical, Kevin Lepage is NASCAR's only driver from the state of Vermont and a member of Jack Roush's five-car team of Ford Taurus drivers.

In 1996, while driving for David Ridling's Busch Grand National team, Lepage won his first race at Homestead, Fla. In 1997, Lepage competed in his first three Winston Cup races, driving a Chevrolet owned by Joe Falk.

At Michigan in 1998, Lepage moved to Roush Racing, replacing Ted Musgrave in the No. 16.

AGE: 37

HOMETOWN: Born and raised in Shelburne, Vt., lives in Mooresville, N.C.

WIFE: Donna

CHILDREN: Roxanne, Amadee

CAR: No. 16 TV Guide Ford Taurus, owned by Jack Roush

RECORD: 48 starts, 0 poles, 0 wins, 0 top-five finishes, 2 top-10s, \$1.7 million in career earnings.

FIRSTS: Start (Oct. 5, 1997, at Charlotte), pole (none), win (none)

WHAT'S LIKE TO RACE IN NEW ENGLAND?

"A lot of fans recognize me when I started my career in the early '80s at some of the local tracks in Vermont, and the support I've gotten from these fans is a tremendous feeling for me."

ARE THE NEW ENGLAND FANS MORE LOYAL TO THEIR LOCAL DRIVERS?

"I think anytime somebody from places like the state of Maine or Vermont can come down and be successful in the sport, and when I say be successful I mean being a Winston Cup driver, it's a big deal. Yeah, we all want to win races, but to be part of an elite group and be one of 43 drivers to start every race, that's a pretty elite group. To be a part of it and representing your home state is just

phenomenal. When I go home to Vermont for Christmas, just walking through the malls or whatever, fans will come up and just ask how you're doing. It's a great, great feeling. I'm proud to be able to have accomplished what I've done, but that will come with time."

DOES COMING FROM THE NORTH-EAST SET YOU APART? "Right now there are a handful of us from the North. You have Ricky Craven and myself. Nadeau is from Connecticut and the Bodines (Geoff and Brett) are from New York (so is Steve Park), so that's five (actually six) of us that are up from this way. If you look through the starting lineup and look at where all these drivers are from, very few are from the Northeast."

Kevin Lepage has yet to win in his 48 starts.

John Clark/NASCAR This Week

Your Turn

Letters From Our Readers

Dear NASCAR This Week,

I have been involved in auto racing since before (World War II). I am totally aware race-car drivers are not too bright at times, but ...

Please teach them another word to express enthusiasm besides AWESOME!!! The public is about to throw up!

Suggestion: How about five bonus points to the winning driver if he can come up with a new word to express how thrilling the car was, another five bonus points if he can express how efficient his crew was and another five bonus points if he can use a word that has not been used to express how stunning the (trophy girl) is.

Barney Mazzone
 Carrollton, Ga.

We'll pass along your remarks.

✕

Dear NASCAR This Week,

With past race winners eligible for the recent running of The Winston, why were Ken Schrader, Derrick Cope, Jimmy Spencer and Morgan Shepherd excluded?

Toby Dick
 Symsonia, Ky.

According to the event's fact sheet, eligibility (via that category) is open to "drivers and car owners who have won races in the preceding and current years." Spencer's most recent victory was in 1994, Shepherd's in 1993, Schrader's in 1991 and Cope's in 1990. The field must consist of 20 cars, and enough drivers to fill the field are added based on their most recent victories, a provision that this year brought in Ernie Irvan (1997), Sterling Marlin (1996), Kyle Petty (1993) and Ward Burton (1995). Bill Elliott and Darrell Waltrip made it because they were ex-Winston Cup champions, and Michael Waltrip and Geoff Bodine made the race because they were former winners of The Winston.

CREW OF THE WEEK

• More than anyone else, Jimmy Elledge played it right Sunday at Loudon, N.H. By bringing his driver, Kenny Wallace, in for fuel during the final caution period, Elledge paved the way for Wallace to earn a career-best, second-place finish.

Trackside Trivia

- Who said, "Gentlemen, start your engines," before the first Las Vegas 400?
- When Joe Gibbs debuted his Winston Cup team in 1992, what company sponsored his car and who was the driver?

ANSWERS

1. Singer Wayne Newton. 2. Dale Jarrett drove the Interstate Batteries Chevrolet.

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Southern Gardens citrus honors employees

Southern Gardens Citrus employees were praised for another excellent year and honored for their hard work at the company's fourth Annual Employee Appreciation Ceremony, held at the John Boy Auditorium in Clewiston.

The awards presented were based on the company's Five Star Philosophy, which includes safety, teamwork, attitude, quality and productivity.

"Our continued success at Southern Gardens directly correlates with our hard working and loyal employees," Tristan Chapman, vice president and general manager said. "Our people know that we depend on them and everyone works together to get the job done. That's why we continue breaking records in every aspect of the business."

The awards ceremony recog-

nized both team members and supplier partners who have contributed substantially to the success of the 1998/1999 processing season at Southern Gardens.

Nelson Fairbanks, president of U.S. Sugar Corp. and Robert Buker, senior vice president, attended the awards luncheon. They gave Southern Gardens employees an overview of the latest company developments and complimented them on their achievements.

"Better and more profitable citrus is an integral part of the future of USSC," Mr. Fairbanks said. "And we thank you for your continued hard work."

Southern Gardens had a good year, processing 13.3 million boxes of oranges into 3 million gallons of juice.

The 1999 Awards recipients were as follows:

High Performance

Awards: Material Services- Jack Stiehl of Moore Haven. **Core Services-** Dan Machado of LaBelle. **Utilities-** Marty Jacoby of Clewiston. **Fruit**

Receiving- Debra Pardo of Moore Haven. Linda Irving of Belle Glade. Velma McQueen of Clewiston.

Extraction-Betty Cole of South Bay. Abigail Loreda of Clewiston. Mary Damps of South Bay.

Blending/Oil/Evaporation- Brathrom Collins of South Bay. Heriberto Garcia of Clewiston. **Feed Mill-Jenaro**

Romero of Clewiston. **Shipping & Storage-Bernardo Munoz** of LaBelle. Anita Robolosa of Clewiston. **Core Quality-** Marilyn McKenzie of Clew-

iston. **Process Improvement-** Lianna Chabrier of Clewiston. **Star Supplier Award-** Enerfab of Cincinnati, Ohio. Motion Industries of Birmingham, Alabama. **Perpetual Team Award** Safety Team.

Perpetual Safety Team Award: Fruit Receiving Team-Star Consultant Award Creative Citrus-Bradenton Special Recognition Leadership Award-Robert Buker, Senior Vice President of U.S. Sugar Corp.

Individual Star Awards: Safety-Tony Lappas of LaBelle. Teamwork-Betty Cole of South Bay. Attitude-Owen Evans of Clewiston. Quality-Lucy Garcia of Clewiston.

Productivity- Panigua of Clewiston. **Perpetual Innovation Award-** Bernardo Munoz of LaBelle.

Local student selected for "Who's Who"

Duana Daniels of Belle Glade, a student at Palm Beach Atlantic College, has been selected for "Who's Who Among Students in American Colleges and Universities." PBA offers bachelor's and master's degrees in traditional and non-traditional formats.

City of South Bay to hold Town Hall Meeting

The City of South Bay will hold a Town Meeting, "Outlining the Plan" on Tuesday, July 20 at 8 p.m. at the Tanner Park Recreational Hall located at 105 Palm Beach Road.

The City Manager, Michael Jackson, will present Economic Development initiatives and several service and entrepreneurial opportunities to the citizens of South Bay. Everyone is invited to attend this most important meeting.

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New insect repellent developed by researchers

After 15 years, of tests on more than 3,900 compounds, a University of Florida researcher has developed a safe, natural insect repellent that protects people against everything from mosquitoes and ticks to tiny "no-see-ums."

"It's the first effective alternative to products containing DEET, the most widely used active ingredient in insect repellents now on the market," said Jerry Butler, entomologist with the UF's Institute of Food and Agricultural Sciences. "After relying on DEET-based products for more than 40 years, this is a breakthrough that should revolutionize the market."

He said the new repellent is a "green" product because it's an oil extracted from plants that have a natural ability to protect themselves against feeding insects.

The active ingredient in Butler's new herbal repellent is geraniol, derived from lemon grass and other plants. The products have been labeled "generally regarded as safe" by the Environmental Protection Agency. Applied to the skin, it provides almost four

hours of protection against a wide range of biting insects, including flies, fire ants, mosquitoes, ticks and biting midges, often called no-see-ums.

Safety concerns over DEET (N,N-diethyl-meta-toluamide) prompted Butler's search for natural, nonchemical alternatives. Toxicity problems, particularly for children and some adults, have forced manufacturers to reduce the amount of DEET in various products to 7 percent from 100 percent during the past 15 years.

However, higher rates of DEET are still used in military applications (31.58 percent).

As levels in consumer products have gone down, the effectiveness and longevity of DEET-based products also have been reduced.

Currently, there are more than 60 DEET-based repellents on the market, he said.

New label instructions to ensure the safe use of DEET products have been issued by EPA following a review of the most recent health and safety data on this chemical repellent. Based on his review, EPA has determined DEET, if used as directed, will

not pose significant health risks to consumers. However, EPA is requiring changes to current labels to ensure DEET is applied safely, particularly on children.

"When these requirements are fully implemented, companies that make and distribute DEET products will no longer be able to claim their products are 'child safe,' and new labels will direct parents not to allow children to handle this product," said Marcia Mulkey, director of EPA's Office of Pesticide Programs.

She said new directions also will instruct consumers to avoid using DEET products under clothing, to avoid over application, to wash treated skin with soap and water after returning indoors and to wash treated clothing.

Butler said DEET is effective against mosquitoes for four to eight hours, but it is not as effective against ticks, fire ants and biting flies. A separate insecticide is needed to control ticks and it can be applied only to clothing, not to skin.

He said his natural repellent can be applied directly to skin as a treatment

against ticks. This reduces their chances of biting and feeding long enough to transmit disease.

Lyme disease is transmitted by the common black-legged tick, while the lone star tick (with a bright star on it) transmits a disease called granulocytic ehrlichiosis. Rocky mountain spotted fever is transmitted by the American dog tick, which actually is more common in North Carolina than the Rocky Mountains.

Since 1985, Butler's research has been supported by grants from International Flavors and Fragrances in Union Beach, N.J., which provides ingredients to the cosmetics industry.

The industry has long sought natural repellents for use in various "skin-care" products.

He said some ingredients now used in products actually attract insects.

Butler's geraniol repellent is patented by UF and licensed to Naturale, Ltd., Great Neck, N.Y., which is marketing the products under the registered trademarks of MosquitoSafe, TickSafe and FireAntSafe.



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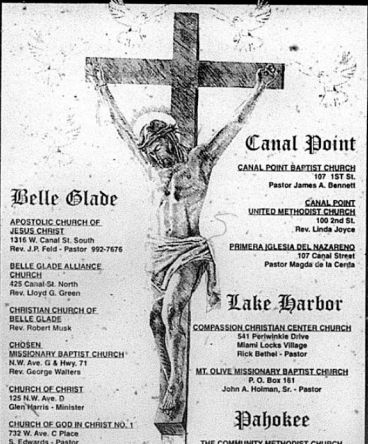
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Obituaries Week of July 15, 1999

Mabel Robert Lutz, retired principal of Gove Elementary School in Belle Glade died June 25 in her home at Buena Vida Estates in West Melbourne. She was 92. A service will be held in her honor on Sunday, July 18 at the Community United Methodist Church in Belle Glade at 2 p.m.

Mrs. Lutz was born August 16, 1906 near Perkins, Oklahoma Territory the daughter of Douglas Brooks and Hannah Baletta (Bell) Wiley. She came to Palm Beach County in 1925 from Colorado. She began her teaching career in Lantana at Hypoluxo School.

On Dec. 24, 1926 she was married to Kenneth Earl Lutz, Sr. of East St. Louis, Ill. and Lake Worth. Mr. Lutz passed away Jan. 1, 1961. The young couple made their home in Denver for a brief period in 1927, where their first child, Beverly was born. Mrs. Lutz and baby daughter returned to Lake Worth on the day the 1928 hurricane hit the east coast of Florida. She spent her first night back in Florida holding doors to keep them from blowing open.

Mrs. Lutz taught at Pahokee Elementary School until 1931 when their second daughter, Kaye, was born. Her husband purchased a retail drug business in Belle Glade which became known as Lutz's Pharmacy. The family moved to Belle Glade in 1932. Their third child, Kenneth Earl Lutz Jr. was born in Belle Glade in 1933. She raised her three children and worked with her husband in his business until 1951 at which time she returned to the education profession as a teacher at Osceola Elementary and became teaching Principal of Lake Harbor Elementary in 1960. Mrs. Lutz was appointed the first Principal of Gove Elementary School in 1964.

Four of Mrs. Lutz's nine siblings and both of her parents were at one time or another educators. Upon her graduation from Pueblo Central High School she received a scholarship and enrolled at Western State Teachers College, Gunnison, Colorado where she received a Ph.D. degree in 1925 and a BA in 1954. In 1961 she earned her M.S. degree from Florida State University. In the field of education the Lutz name continues to be well-known in Palm Beach County. Her daughter-in-law, Sonja Blackburn Lutz was selected during the 1998-1999 academic year as Palm Beach County "Teacher of the Year" for the second time. A grandson, Kenneth E. Lutz, III is a teacher and coach at Glades Central High School.

Mrs. Lutz was active in numerous clubs, organizations and participated in community affairs while she lived in Belle Glade. She was a charter member of Lodge 197, Order of the Eastern Star and held several of the Star Point Stations. She was a charter member and past president of Sigma Eta Fine Arts Sorority, a charter member of Alpha Omega chapter of Delta Kappa Gamma Sorority and a member of Kappa Delta Phi, an educational honor society. Mrs. Lutz was named Poetess Laureate of the Accreditation Section of the State Department of Education in 1962. She had retained her membership in the Community United Methodist Church in Belle Glade.

In 1970 Mrs. Lutz moved into her new home west of Sebastian Inlet near Vero Beach, where she thoroughly enjoyed retirement, grandchildren and travel. She was active in various organizations in Indian River County and was a charter member of the Indian River Genealogical Society and the Indian River chapter of the National Society Colonial Dames of the Seventeenth Century. She was a prolific genealogical researcher and family historian. She has left her descendants a storehouse of information about their legacy. Due to failing eyesight, in 1983 Mrs. Lutz moved from her beloved home on the beach to reside at Buena Vida Estates, a retirement community in west Melbourne.

Surviving are two daughters: Beverly Ann Morse (Mrs. Myron H.) of Vero Beach, Kaye Valetta Benne (Mrs. David L.) of Satellite Beach, a son, Kenneth Earl Lutz Jr. of Belle Glade; seven grandchildren, Susan Kaye Vecchione of King George, Va., Brenda Leigh Nielson of Chandler, Ar., Jeffrey Todd Morse of Gilbert, Ar., Richard Alan Benne of Monreal, Germany, Karen Marie ToTo of Safford, Tex., Kenneth Earl Lutz, III and Sonja Alexandra Lutz of Belle Glade; three step-grandchildren, Benjamin Blackburn of Stanford, Conn., Kevin Blackburn of Las Vegas, Nev. and Melissa Misquitta of Concord, Ca.; 14 great-grandchildren and one great-great-granddaughter.

Thedias Taylor, 71, of Pahokee, died Saturday, July 10 in the Greenwood Convalescent Center in West Palm Beach.

A native of Nichols, Georgia, she was born on January 31, 1928, daughter of the late Clifford and Winnie Taylor Douglas. She had made her home in Pahokee since moving from Belle Glade in 1966 where she had lived for six years. Thedias was a homemaker and a member of the Lakeside Baptist Church. She was married to the late Rual Robert Taylor who preceded her in death on March 1, 1966.

Surviving are: her sons Robert R. Taylor Sr., and his wife Mary of Indiantown and Dennis L. Taylor Sr., and his wife Karen of Pahokee; sister Minnie Waters of Nichols, Ga.; sister-in-law Wanell Douglas of Nichols, Ga.; grandchildren Bobbie Lee How and her husband Donnie How, Nancy Lynn Taylor and Robert R. Taylor Jr. all of Indiantown, Katie Lynn Taylor and Dennis L. Taylor Jr. of Pahokee; great grandson Austin How of Indiantown.

The funeral service was conducted Monday, July 12 at the graveside in Port Mayaca Memorial Park. The Rev. James A. Bennett, pastor of Canal Point Baptist Church officiated. The James A. Bennett Funeral Home in Pahokee had charge of the arrangements.

James Hilton Jones, 85 of Pahokee died Sunday, June 27 in the Hendry Regional Medical Center in Clewiston.

A native of Madison County, FL, he was born on July 3, 1913, son of the late Benjamin Jessie and Rosie Lee Jordan Jones. He had made his home in Pahokee since moving here in 1933 from Madison County. A lifelong farmer, he was president of J. H. Jones and Sons Farms. He was a member of the Pahokee Elks Lodge No. 1638. Mr. Jones was preceded in death by three sons: Dale, Archie and Ralph.

Surviving are: his wife Mary Jane Jones of Pahokee; children, James Ronald Jones of Canal Point and Reba Davis of Pahokee; step-children, Tony Eggers of Jacksonville, Wanda Kaye Chi-Aleng of Bethesda, Maryland, Richard Eggers of Greensburg, Ill., Mary Ellen Barnes of Interlachen and Anita Courson of Belle Glade; sister Myrtice Compass of Lee, FL; 17 grandchildren and 5 great grandchildren.

The funeral service was conducted Wednesday, June 30 at the Canal Point Baptist Church. The Rev. James A. Bennett, pastor, officiated. Interment followed in Port Mayaca Memorial Park.

The James A. Bennett Funeral Home in Pahokee had charge of the arrangements.

Last GFC class graduates from academy

The 24 wildlife officers who graduated from the Game and Fresh Water Fish Commission's (GFC) Law Enforcement Academy, represent the last of a distinguished group.

The GFC ceased to exist in July and was replaced by the new Fish and Wildlife Conservation Commission.

These men and women are the last GFC recruit class to graduate from the academy in this agencies 56 year history, bureau chief Wayne Gellner said. "They have continue our high standard of academic performance with the class average score of 94.6 on the state certification exam. Six officers scored 100 percent on at least one section of the exam."

The graduates came from diverse backgrounds, ranging from an electrician to a news-reporter.

"We also have former GFC reservist, former military personnel (Air Force, Army and Marine Corps) and several recruits from other states," said Gellner. "Some of the new officers have family ties to the Commission. Officer Ben Eason is the brother of Sgt. Greg Eason, Officer Doug Loyd is the first cousin of Officer Arnold Loyd and Officer Avery Tubbs is the stepson of bureau chief Paul Hoover."

Seven officers have bachelor's degrees and six have associate of arts degrees. Mr. Gellner said one of the new wildlife officers, Kevin Shea, demonstrated his determination to become a Florida wildlife officer by flying from Colorado three times for the selection process and then had to sell his automobile to afford the fourth plane ticket to come to the academy.

"Another recruit who showed enormous dedication is Tonya Harmon," Mr. Gellner said. "She is a single mother of three, whose parents agreed to keep her kids the 24 weeks she attended the academy so she could fulfill her life-long ambition of becoming a wildlife officer."

Mr. Gellner said the new

officers started their law enforcement duties on July 12 and will carry with them the bonds they have formed during their academy training.

"They've been sprayed with pepper spray, put through physical training, firearms training, defensive tactics instruction, carried out practical exercise and required to measure up to high academic standards," Mr. Gellner said, "not to mention living in extremely tight quarters for the past six months."

The awards for the 25th Wildlife Officer Academy include Michael Andriano with the highest scholastic achievement, Erasmo Castaneda with highest defensive tactics achievement and the highest firearms score, achievement award and Dennis Palmer with the director's award.

Graduating officers are: Chad Albritton, Michael Andriano, James Armstrong, Alfredo Baldo, Nathan Birge, Jeffrey Burke, Erasmo Castaneda, Kendrick Dack, Felix Collazo, Benjamin Eason, Travis Franklin, Tonya Harmon, Clay Huff, Bryan Humphries, David Jennings, Boulas Loyd, Maguire, Eric Meade, Randy McDonald, Dennis Palmer, Charles Randall, Kevin Shea, Richard Station and Avery Tubbs.

Teens in job training program

Throughout Palm Beach County, over 1,600 young people are taking part in a job training program designed to give them exposure to the world of work, help increase math and reading ability and prepare them to live on their own.

The program, sponsored by the Palm Beach County Workforce Development Board, involves youth in a variety of activities such as computer construction, team building, interviewing skills, career exploration and conflict resolution.

This summer the board is sponsoring nine different programs county-wide at locations from South Bay, Pahokee, Riviera Beach and Boynton Beach.

The Palm Beach County Workforce Development Board is designed by Enterprise Florida as the official workforce development organization for Palm Beach County.

As such, the board is charged with crafting and overseeing a workforce development strategy that is responsive to the needs and concerns of both Palm Beach County employers and job seekers.

Each of the components of the Summer Youth Program is different, focusing on skill development appropriate to the participant's age, interest and abilities. One component in the area will be held at the Western Mental Health Clinic.

The Clinic works with young people in the Glades communities who have special needs.

These young people will participate in career exploration and receive academic remediation.

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Rock, Paper Scissors game helps the children with coordination skills. Counselors and local Explorers play the game with the students.



BREAK THE CHAIN - Counselors play various games with students at the Florida Sheriff's Youth Ranches Camp this week in Belle Glade.

Florida Sheriffs Youth Ranches helps Belle Glade Kids

In a unique effort to reach out to help teach harmony and teamwork, the Florida Sheriffs Youth Ranches is operating a summer day camp this week in Belle Glade.

Drawing on concepts from the traditional summer camping programs and combining it with the successful ideas taught in the nationally recognized program, Project Harmony, the Florida Sheriffs Youth Ranches is working in conjunction with the Palm Beach County Sheriff's Office through a program called "Takin' it to the Streets" to help deserving boys and girls in the area.

All week, about 60 youngsters, ages 6 to 15 from the Glades area will enjoy games, slip and slide, arts and crafts, and the Challenge Course.

Counselors and Deputy Sheriffs from Belle Glade are helping the children to learn communication skills, cooperation, teamwork, and respect for Law Enforcement officers.

Each camp activity has a special purpose woven in the fabric of good old fashion fun.

The Florida Sheriffs Youth Ranches is striving to reach out and provide more services to deserving children and families.

Palm Beach County Sheriff Bob Neumann was very instrumental in seeking ways to bring these services to the local community.

He and the members of Palm Beach County Sheriff's Office are very supportive of the Youth Ranches efforts to prevent juvenile delinquency.

The Florida Sheriffs Youth Ranches, Inc., a charitable, nonprofit corporation founded by the Florida Sheriffs Association, manages and operates four residential child-care campuses and two Youth Camps.

These include the Boys Ranch/Live Oak, Youth Villa/Bartow, Youth Ranch/Safety Harbor, Youth Ranch-Bradenton/Sarasota, Caruth Camp-

Inglis/ Yankeetown and Youth Camp/Barberville. Additionally, it provides community-based services, family counseling, and foster care to as many of Florida's neglected, troubled children as funds will permit.

Since 1957, the Florida Sheriffs Youth Ranch has touched the lives of thousands of boys, girls, and their families.

Voluntary gifts are a primary source of funding.

Gifts, bequests, wills and trusts benefit the Youth Ranches program statewide.

The Florida Sheriffs Youth Ranches is nationally accredited by the Council on Accreditation of Services for Families and Children, Inc. and the American Camping Association.

Belle Glade businesses are also helping out this week by providing meals to the campers.

Helping out are Royals-Papa Johns Pizza, Winn Dixie, U-Save, Flowers Bakery, Windy's of Belle

Glade, Subway of Belle Glade, Fat Boys of South Bay and Okeelanta Sugar Mill.

Officers from the Belle Glade division of the Palm Beach County Sheriff's office include Deputy M. Bair, Deputy G. Pace, Deputy L. Sutterfield and Sgt. J. Raulerson.

Also helping are the Palm Beach County Sheriff's Office Explorer Post 611.

Explorers are Jose Sanchez, Mark Sutterfield, Idera Kerr and Elijah Smith.

Counselors from the Florida Sheriff's Youth Ranches working with the children this week are: Jim Miller, Nicole Horstman, Will Rimes, Liz Collins, Paul Tomlinson and Senior Counselors Paul Lauginiger and Site Director Ben Brinker.

The camp is located at the Okeechobee Center at 6 Evergreen Street in Belle Glade and is held from 9 a.m. until 4 p.m. every day this week.



COUNSELORS TEACHING PROBLEM SOLVING - Counselors from the Florida Sheriffs Youth Ranches help Belle Glade kids to solve problems using harmony and teamwork.



ARTS AND CRAFTS - Belle Glades campers are making pots out of cups to use for planting flowers in this week at the Florida Sheriffs Youth Ranches camp.

All week youngsters will enjoy games, slip and slide, arts and crafts as well as demonstrations from the Sheriff's Office. Deputy's from the office will bring the K-9 Unit out to give a demonstration by the dogs. Counselors and Deputy Sheriffs are helping the children to learn communication skills, cooperation, teamwork and respect for Law Enforcement officers. The Youth Ranches is striving to reach out and provide more services to deserving children and families in the Glades area.

PUBLIC NOTICE

NOTICE IS HEREBY GIVEN THAT THE CITY OF SOUTH BAY WILL HOLD AN ECONOMIC DEVELOPMENT TOWN MEETING, TUESDAY, JULY 20, 1999 AT 6:00 P.M. AT TANNER RECREATIONAL HALL, 105 PALM BEACH ROAD, SOUTH BAY, PALM BEACH COUNTY, FLORIDA.

IF YOU HAVE ANY QUESTIONS REGARDING THIS MEETING, THEY MAY BE SUBMITTED IN WRITING OR AT THE TIME OF THE SCHEDULED MEETING AS NOTED ABOVE.

WRITTEN COMMENTS SHOULD BE ADDRESSED TO THE CITY CLERK, CITY OF SOUTH BAY, 101 NW 1ST AVENUE, SOUTH BAY, FL 33433.

VIRGINIA K. WALKER
CITY CLERK

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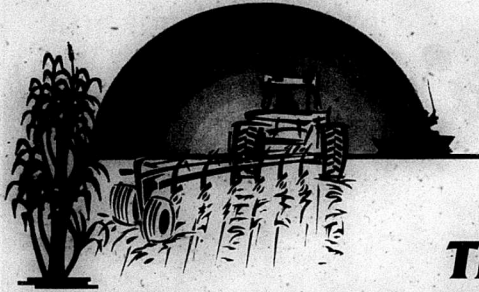


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GETTING THROUGH THE '99 HURRICANE SEASON

Brought to you by
The Sun - July 15, 1999

Glades hit hard by 1928 hurricane - could it happen again?

By TWILA VALENTINE
Okeechobee News
Staff Writer

(This is a reprint historical features which the Daily Okeechobee News ran in 1988. They detailed the terrible tragedy of the two violent hurricanes which struck the Lake Okeechobee just two years apart. The first storm was on Sept. 18, 1926, and after demolishing much of Dade County came across the Everglades and skirted the western shoreline of Lake Okeechobee severely damaging Clewiston and Moore Haven. The second storm arrived on September 16, 1928 slamming into the southern shoreline of the lake and continuing its destructive path of the eastern shoreline, resulting in the deaths of more than 2,000 people.)

As devastating as the 1926 hurricane was to the western side of Lake Okeechobee and to the community of Moore Haven, it was but a preview of what was to occur two years later, almost to the very day of the first storm.

Prior to this storm, it had rained almost continually during the month of August and into September. Between Aug. 8 and Sept. 13, nearly 14 inches of rain had fallen. It rained every day during the first 15 days of September. Rain gauges on the lake measured 21.5 inches for the month of September. Nine or more of those inches fell during the storm.

The elevation of the lake was over 16 feet and the Kissimmee River had risen from 17.8 in June to over 30 feet in August.

On the southern and southeastern shorelines of the lake, a levee had been constructed between 1923 and 1925. It had been built to prevent farm lands from being flooded by high lake levels. In the Lawrence Will book, Okeechobee Hurricane, Mr. Will stated, "Had there been no levee to pile up the water, there would have been no loss of life in either the hurricane of 1926 or 1928."

The levee extended from Pahokee past South Bay to Clewiston and for three miles beyond Moore Haven. The total length of the levee was approximately 47 miles.

This storm first struck Puerto Rico and 275 people were reported killed. According to radio reports, the weather bureau said there was little chance of it affecting Florida.

On Sunday afternoon, Sept. 16, 1928, the hurricane came ashore in West Palm Beach and headed directly for Lake Okeechobee.

The hurricane, whirling counterclockwise at incredible speed, dumped large volumes of horizontal rain. The velocity of the wind has been estimated at 150 to 160 miles per hour. The barometer reading in West



THIS MEMORIAL STATUE in front of the Belle Glade Branch Library honors the over 2,000 people lost to the 1928 hurricane.



THIS SCULPTURE, DEPICTING the storm's devastating effects, adorns the base of the statue. These works were created by sculptor Ferenc Varga.

Palm Beach was 27.43, the lowest ever recorded until that time.

The lake and Belle Glade first received the wind from the north and then from the northwest. As the center passed, the wind returned from the south and southwest.

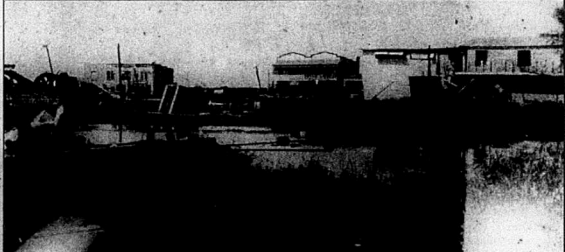
The waters piled up at one end of the lake by the velocity of the wind, then reversed themselves and slammed unchecked into the lake's northern end.

Mr. Will described what happened with the wind driven waters:

"In order to understand why the lake's waters, even though propelled by such incredible winds, could have surged over, tidal wave fashion, and inundated the land to a depth greater than the height of the

levee, let us imagine Lake Okeechobee to be a large, shallow pan partly filled with water. The prolonged north wind would have the effect of tipping this pan, which would raise the water in the south end.

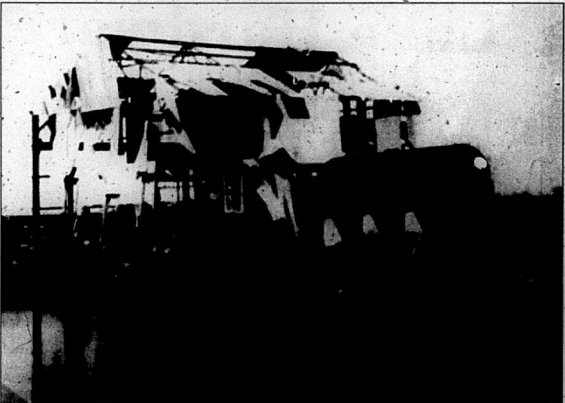
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DOWNTOWN BELLE GLADE after the 1928 hurricane. Look closely and you can see the Glades Hotel and Cafe in the center.



MR. WEST'S STORE & SERVICE STATION was a loss after the 1928 hurricane. There are members of the West family still in residence in Belle Glade today.



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"Whole sections of the levee were completely breached, and whole sections of it down to solid ground were entirely carried away."

Canal Point, Pahokee, Belle Glade, Chosen, South Bay, and the islands in the south end of the lake, Kremer, Torry and Ritta, were literally demolished when this storm washed over these communities.

At the northern end of the lake, along Okeechobee, Uptowngrove Beach, and Utopia, high waters and winds also caused much property damage and loss of life, but not

nearly as bad as the casualties along the eastern and southern shores.

The Red Cross estimated the number who perished in 1928 at somewhere between 1,850 and 2,000. They also reported 1,849 injuries attributed to the storm.

Property damage was estimated at \$33,894,000 (in 1928 dollars). They reported 2,881 homes were damaged beyond repair and 1,644 families were homeless. The Red Cross later reported that in the affected counties, the storm had damaged or destroyed 32,414 buildings.

Following the second storm in two years, residents around Lake Okeechobee began to clamor for the state to take steps to prevent further loss of life. A strong feeling of resentment grew against the state's drainage authorities. As the controversy grew, there was further conflict among those with an interest in the lake, regarding the levels of the lake,

not unlike what is occurring in 1999, some 71 years later.

Commercial fishermen, transportation men and those who wanted water for irrigation wanted to keep the muck lands retained in the lake. Farmers along the shoreline and grove owners wanted to keep the levels low to prevent further flooding of their crops.

State authorities were faced with the dilemma of trying to please everybody.

"According to the Lawrence Will book, 'Okeechobee Hurricane,' all factions were in agreement that something had to be done to prevent the disaster such as that of 1928 and the ten-times-worse disaster of 1928.

Some favored the elimination of any diking around the lake, and others lobbied for the construction of a new and more substantial one - a levee that could withstand any buffeting that nature could produce.



DEVASTATION was to be found everywhere residents looked after the 1928 hurricane.



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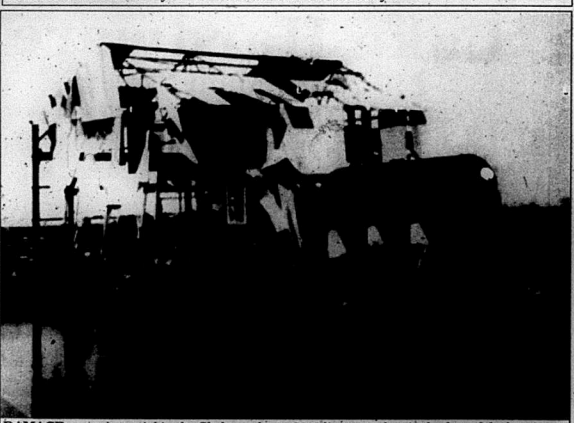
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Some favored the elimination of any diking around the lake, and others lobbied for the construction of a new and more substantial one - a levee that could withstand any buffeting that nature could produce.

not unlike what is occurring in 1999, some 71 years later.

Commercial fishermen, transportation men and those who wanted water for irrigation and to keep the muck lands retained in the lake. Farmers along the shoreline and grove owners wanted to keep the levels low to prevent further flooding of their crops.

State authorities were faced with the dilemma of trying to please everybody.

"According to the Lawrence Will book, "Okeechobee Hurricane," all factions were in agreement that something had to be done to prevent the disaster such as that of 1926 and the ten-times-worse disaster of 1928.

See 1928 STORM/Page 2B



DEVASTATION was to be found everywhere residents looked after the 1928 hurricane.



FUNERAL PYRE—So many bodies were found after the hurricane that it was necessary to pile up the remains and burn them to keep from spreading disease.



AN EERIE REMINDER—This photo taken in the 30s shows a farmer with the skeletal remains found while plowing a field years after the 1928 hurricane.

*****1928 STORM...continued from 1B*****

With the onset of the depression, there were no state funds available for any project, let alone one this ambitious, and an appeal was made to the federal government to assume the financial responsibility.

Herbert Hoover, the new president, had visited the area shortly after the 1928 storm,

and had been saddened by the destruction and loss of life. They knew he would support a project of a dike to prevent such disasters in the future.

Fast-forward to 1999: A storm threatens, what do you do?

When a storm threatens, begin to monitor the media and track the storm. Estimates and predictions of landfall are not exact sciences. Squall lines and rain bands can extend hundreds of miles from the eye of the storm. Don't listen to rumors. Wrong information can threaten your safety and life.

Go over emergency plans with the family and be sure everyone knows what is expected of them.

Start putting supplies together that you will need and if you are planning to evacuate, begin packing to get ready to go.

Prepare an evacuation plan. Select a safe route, destination, and supplies. Leave as soon as possible to avoid traffic and early flooding.

Be comfortably and appropriately clothed, including wearing shoes, because glass and debris will be scattered everywhere by the hurricane.

—Place valuable and personal papers in waterproof containers, use plastic bags for large items and store where they'll be easily accessible.

—If you have a family member with special health or transportation needs, discuss emergency plans with your local emergency management office and also plan hospitalization in case of evacuation.

—Keep your pets inside the house with you. If you must evacuate, arrange for shelter at an animal hospital. If the latter possibility fails and you are forced to leave them at home, make sure they are placed in a safe room with a two-week supply of water and food.

—Obtain and store materials necessary to protect your home. Once a hurricane watch is announced, latch shutters or install pre-cut plywood over your closed windows and sliding doors,

reinforce garage doors and also tape windows to reduce flying glass.

—Bring in objects that can be blown away such as garbage cans, furniture and plants. Anchor all objects that cannot be brought inside and cover them with waterproof material.

—Park your car in the garage or under the porch. If that isn't possible, park the vehicle as far from the house as you can to protect it from wind-propelled objects.

—Drain pool to about a foot of water, add chlorine to prevent contamination, turn off the electricity to pool equipment, tie and wrap the filter pump securely in waterproof covering.

—Pick a safe room in your house, preferably without windows, to ride out the storm — if you're not ordered to evacuate.

—Boat owners should store their boat in a garage or, where

possible, anchor the trailer tongue firmly to the ground, let the air out of the tires and lash the boat securely to the trailer.

—Mobile home residents must evacuate for any hurricane. But be sure to disconnect and close the water and fuel connections, and to take all outside objects in before doing so.

Make your list of supplies and buy only what you will need to survive through the storm. We have provided you a list of supplies elsewhere in this special section.

Refill and obtain any medications.

Fill the car's fuel tank. Make sure you have a spare tire. Check the battery, water and oil.

Check flashlight and radio batteries and have extras to be sure you will be able to get through the storm and several days following. Get lots of cash. Following the

storm, the electricity could be off for several days and the ATM machines will not work.

Move everything out of the yard that could become a flying missile in the hurricane winds. This includes patio furniture, grills, garbage cans, potted plants, and remove loose items from swing sets. If possible, store in garage with automobiles.

Cover windows with plywood or shutters. Move vehicles and other property out of flood-prone areas. If you do not have a garage, it is advised by emergency management personnel that you move vehicles away from trees but close to a house or building where there will be some protection from flying missiles and debris.

• IF YOU MUST EVACUATE...

Know where you are going. Leave early in daylight, if possible. Move your most valuable possessions that you cannot take

with you to higher points within your home.

Lock windows and doors. Turn off gas, water and electricity.

Check to see that you have done everything to protect your property from damage and loss.

• For those seeking to ride out the storm in shelters, take blankets or sleeping bags, flashlights, special dietary foods, infant needs and lightweight folding chairs. If you have children, take books and games to help keep them occupied. Adults might want to take a deck of cards or a book to read.

Register every person arriving with you at the shelter.

Do not take pets, alcoholic beverages or weapons of any kind to shelters.

Be prepared to offer assistance to shelter workers, if necessary. Stress to all family members their obligations to keep the shelter clean and sanitary.

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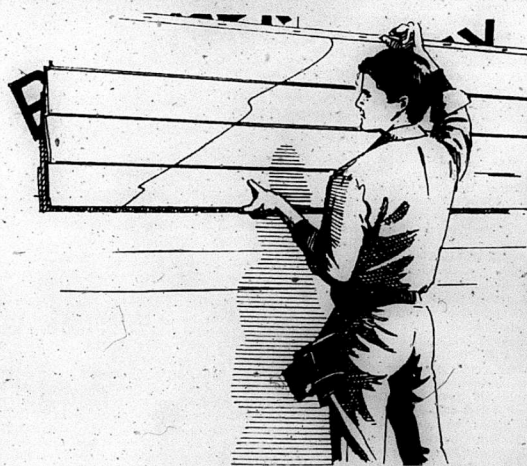
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Tips for before the hurricane

The time to begin preparing for a hurricane is now. Don't wait until the last minute and try to find the supplies when everyone else is doing the same.

The hurricane season is officially under way. Now is the time to make preparations and take care of items that could present problems in high winds. The following is a check list of things that should be looked at.

• Hold a family meeting and decide now where you will ride out a storm, if it appears to be a powerful one.

• Inspect your house. If needed, hire someone to do it for you. If it needs structural repairs or roof repairs, do it now.

• If you are going to board your windows, sink screw anchors now. Then, when the storm threatens, just screw the wood in place.

• Obtain caps for roof turbines. When the storm threatens, remove the turbines and cap holes.

• Decide if you want to obtain a generator, cellular phone, gas-powered chain saw, or propane gas grill, and purchase them now.

• Check the interior and tighten up cabinets or shelves that could become missiles if the storm winds get inside.

• Fix roof leaks now. They could cause a major problem in a hurricane.

- Check the pool.
- See what trees you can trim now.
- Inspect and repair loose rain gutters and shutters.
- Tie down sheds, or other large items on your property.
- Clean garage and make room for cars, lawn furniture and other items you plan to store here.
- Find a dry place for important papers or rent a safe deposit box.

At the beginning of the hurricane season is a good time to prepare a hurricane survival kit which consists of the non-perishable items you may need both the storm and for several days thereafter. These supplies include:

- A two-week supply of bottled water for drinking and cooking (two quarts per person per day).
- A previously sterilized bathtub and other containers also should be filled with water for sanitary usage.

—Water purification tablets that can be purchased at a local pharmacy, additive-free bleach and iodine for disinfecting.

—A two-week supply of non-perishable food, preferably canned and packaged goods including milk and other drinks.

—Extra prescription and non-prescription medicines.

- A first-aid kit.
- Baby food, diapers and for-

mula.

- Eating utensils.
- Emergency cooking facilities such as battery- or kerosene-operated portable ovens.
- Portable coolers.
- Portable generator.
- Manual can opener, matches, candles.
- Lanterns or oil-fueled lamps.
- Battery-operated radios or televisions and extra batteries of various sizes.
- Flashlights (one per person).
- Fire extinguisher.
- Mosquito repellent and netting.

- Toiletries.
- Sleeping bags and extra blankets.
- Books, games and cards.
- Tools, including hammer and nails.
- 100 feet of rope.
- Tarp, made of plastic or canvas.
- Duct tape.
- Trash bags.

Other items to have readily available in case of evacuation:

- Clothing and personal items.
- Stored valuables and documents including driver's license or utility bill with current address because you may be required to show proof of residency in order to re-enter your neighborhood.
- A full tank of gas in your vehicle.

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Pets and hurricanes: How to cope by making plans now

Hurricane season is here and Palm Beach County Animal Care and Control has comprised a "Pet Necessity" list to help pet owners make prior arrangements in case of a hurricane.

Residents who live should plan to relocate with their pet(s). Check in advance with dog and cat boarding facilities and veterinarians about housing pets and after a disaster. Remember some hotel/motel facilities, Red Cross shelters and animal shelters will not be able to house your pet dur-

ing a hurricane disaster.

Livestock owners may choose to keep their horse in a barn. If an appropriate barn is not available, open pastures may be the best alternative.

1. Purchase a Palm Beach County license tag for dogs and cats, and halters with identification attached (lug-gage tags) for livestock; microchipping is another valuable source of pet identification.

2. Vaccinate pets. It is important that domestic animal receive all their vaccina-

tions in order to board animals. Vaccinations will protect pets against diseases after a disaster. Place records in a waterproof container or bag.

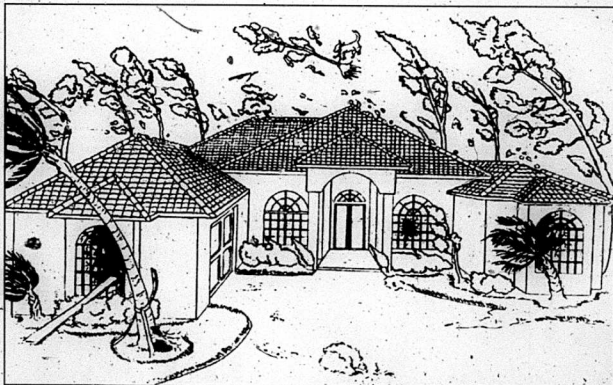
3. Pet owners should have a 15 day supply of food, water and any medication for their pets.

4. Be sure to have a leash, collar and license tag, and a carrier large enough to comfortably fit a pet; remember, sufficient space is needed for food and water bowls and for

See PETS/Page 5

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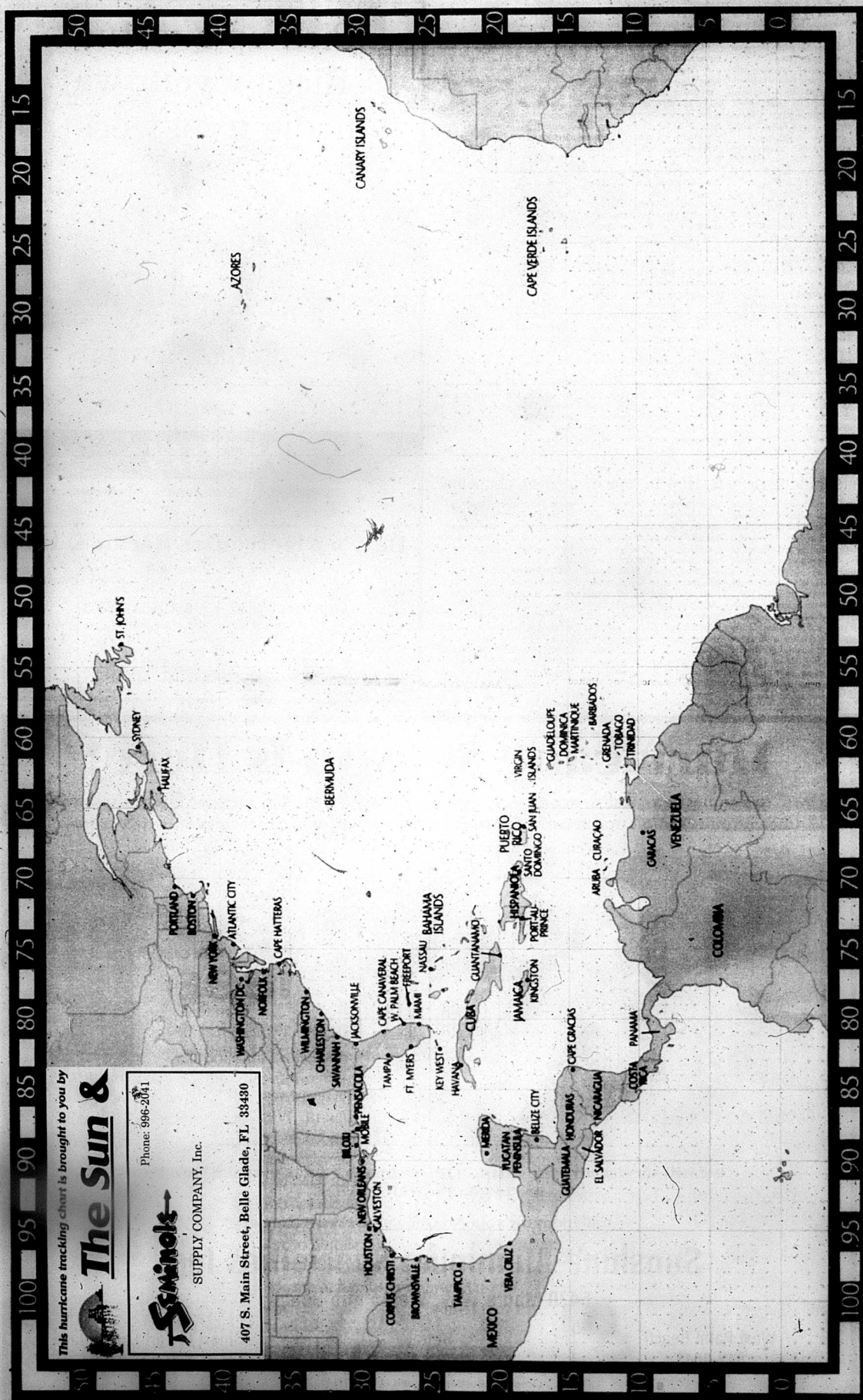
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As the storm rages on: What to do *during* a hurricane

If you are going to remain in your home and the warning is issued, the next stage of preparation should get under way.

Line your bathtub with plastic and fill it and any available bottles with water. Then, shut off your water at the meter to prevent contamination.

Secure and brace external doors. Move valuables off floor to prevent damage in case of flooding. Move furniture away from windows and cover with plastic.

Monitor radio and television closely for instructions. Stay off the roads. Stay inside. There's nothing you can do outside.

As the storm approaches, close all inside doors.

Place the family in a central room, away from windows and doors. This will be your safe space. Plan to head there early. Make sure you take the flashlight and radio with you.

Don't open windows, even a crack as it will not relieve the pressure.

Don't party.

No matter how much damage your house suffers, don't leave it during the storm until you are convinced that staying will kill you.

At some point, the electric service will go out. Often the utility company does this as a safety measure. Don't panic. Don't light candles or

kerosene lamps. Don't cook. Turn off all appliances and lights so when the power comes back on there won't be a power surge that could overload your circuits.

If necessary at the height of the storm for safety, cover yourself with a mattress. Or, climb into the bathtub with a mattress, preferably not the

same one which you lined with plastic and filled with water before the storm.

When winds die down, don't go outside. It may be only the eye of the storm and the winds will soon begin from the opposite direction.

Listen to your radio or television that the storm is truly over before going outside.

The aftermath and clean-up: Advice for *after* the storm passes

If a big storm hits the Florida area, the first few days will be quite confusing with utilities not working, injuries to be tended, damages to be assessed, and the need to work as quickly as possible to get things back to normal.

After things have quieted down, don't go outside your home or leave the shelter until officials on the radio and television give the all clear.

If you have rode out the storm at a location other than your home, go straight home when

you leave your shelter. If you must, check on loved ones.

Do not enter or stay in a damaged building. Do not move back into your home until it has been inspected and certified safe by the municipality's building and zoning department.

Remain indoors as much as possible because streets will be full of debris and downed power lines that still could be energized.

Driving will be treacherous and streets may be flooded and littered with storm debris.

There may be power poles and power lines down.

If there is flooding during the storm or after, keep listening to the radio for instructions as you may have to leave your home after the storm if the water threatens your home.

Use bottled water until the local public health department approves use of tap water.

If you must use water from the tap, strain the water through paper towels and then purify either by boiling, adding purification tablets, bleach or

iodine tincture.

Do not use your phone unless you have an emergency.

Do not call the emergency 911 line except for life-threatening situations.

Don't call utility officials unless you have a real emergency.

Do not report individual interruptions in electric, gas, water or telephone service. Utility companies have plans to restore service as quickly as possible after the storm.

Call police or utility compa-

nies immediately to report hazards such as downed power lines, broken gas or water mains, or overturned gas tanks.

Don't touch power lines. Live wires may be hanging in front of you, draped in a tree or lying on the ground or in puddles.

Watch where you step. The ground will be littered with building materials, nails, broken glass and other storm debris.

Portions of your home such as steps and porches may be weakened and in danger of collapse.

Don't sightsee.

If you must call loved ones to let them know you are all right, make the calls as brief as possible. Cellular phones may not work.

If you didn't sustain damages from the storm, you may be able to offer help to others who weren't so lucky.

Monitor radio and television to see where volunteer help is needed. Just don't show up looking to help. The situation is difficult and needs to be handled in an orderly fashion.

...PETS...

continued from 3B...

the animal to move around.

5. Be sure to have non-toxic cleaners, disinfectant, newspaper, litter and plastic bags to handle waste.

6. First aid kits for pets are available at most pet supply and department stores.

7. Pets may have special toys or comfort items. Be sure to include blankets or grooming tools that need to go with pets.

8. When traveling with pets, be sure pets are allowed in a hotel/motel. Pets should not be left in a vehicle. Temperatures can soar up to 160 degrees in a matter of minutes inside a car.

9. Pets need "lots of love." Animals sense fear, so plan to avoid unnecessary anxiety.

For a free "Hurricane & Animals" brochure, e-mail Palm Beach County Animal Control at phcpbc@co.palm-beach.fl.us or call (561) 233-1200, ext. 209. The brochure information can also be found on their web site at www.co.palm-beach.fl.us, click on Animal Care and Control.



The anatomy of a hurricane

A large percentage of the people reading this sentence have never experienced a severe hurricane. If you are one of those, this is what the fuss is all about, the anatomy of a hurricane. According to the National Hurricane Center on the campus of Florida International University, some 90 percent of the people now living in Florida have never had a severe hurricane experience.

To study the anatomy of a hurricane, we need to look at the before, the during and the after.

Most of those who work in emergency management throughout Florida say that it's not whether a hurricane will hit Florida, it's a matter of when it will hit.

To punctuate this statement, only only need to look at the

worst hurricanes that have hit the United States from the Atlantic Ocean in this century. They are:

Sept. 8, 1900 — Galveston, Texas; 6,000 dead.

Sept. 16-22, 1926 — Florida and Alabama; 372 killed.

Oct. 20, 1926 — Cuba; 600 dead.

Sept. 12-17, 1928 — West Indies and Florida; 6,000 dead.

Sept. 3, 1930 — Dominican Republic; 2,000 dead.

Sept. 2, 1935 — Florida; 400 dead.

Sept. 21, 1938 — New England; 600 dead.

Sept. 12-16, 1944 — North Carolina to New England; 389 dead.

Aug. 30, 1954 — Hurricane Carol; northeastern United

States; 68 dead.

Oct. 12-13, 1954 — Haiti and eastern United States; 347 dead.

Aug. 12-13, 1955 — Connie; Carolinas, Virginia and Maryland; 43 dead.

Aug. 18-19, 1955 — Diane; eastern United States; 400 dead.

Sept. 19, 1955 — Hilda; Mexico; 200 dead.

Sept. 22-23, 1955 — Janet; Caribbean; 500 dead.

June 27-30, 1957 — Audrey; Louisiana and Texas; 526 dead.

Sept. 4-12, 1960 — Donna; Caribbean, eastern United States; 148 dead.

Oct. 31, 1961 — Hattie; British Honduras; 400 dead.

Oct. 4-8, 1963 — Flora; Cuba and Haiti; 6,000 dead.

See ANATOMY/Page 6

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ANATOMY...continued from 5B

Oct. 4-7, 1964 — Hilda; Louisiana, Mississippi and Georgia; 38 dead.

Sept. 7-10, 1965 — Betsy; Florida, Mississippi and Louisiana; 74 dead.

June 4-10, 1966 — Alma; Honduras and southeastern United States; 51 dead.

Sept. 24-30, 1966 — Inez; Caribbean, Florida and Mexico; 293 dead.

Sept. 5-23, 1967 — Beulah; Caribbean, Mexico and Texas; 54 dead.

Aug. 17-18, 1969 — Camille; Mississippi and Louisiana; 256 dead; \$3.8 billion in damage.

July 30 - Aug. 5, 1970 — Celia; Cuba, Florida and Texas; 31 dead.

Aug. 20-21, 1970 — Dorothy; Martinique; 42.

June 19-29, 1972 — Agnes; Florida to New York; 118 dead; \$4.7 billion in damage.

Sept. 19-20, 1974 — Fifi; Honduras; 2,000 dead.

Sept. 13-27, 1975 — Eloise; Caribbean and northeastern United States; 71 dead.

Aug. 30 to Sept. 13, 1979 — David; Dominican Republic, Dominica and Florida; 1,200 dead; \$2.5 billion in damage.

Aug. 4-11, 1980 — Allen; Caribbean and Texas; 272 dead.

Aug. 17-19, 1983 — Alicia; Texas; 17 dead.

Oct. 26 to Nov. 6, 1985 — Juan; southeastern United States; 97 dead.

Sept. 10-18, 1988 — Gilbert; Jamaica, Cayman Islands, Mexico's Yucatan Peninsula, Texas; 300 dead.

Sept. 17-21, 1989 — Hugo; Caribbean islands including Virgin Islands and Puerto Rico, Charleston, S.C.; 85 dead; \$8.9 billion in damage.

Aug. 19-20, 1991 — Bob; northeastern United States; 18 dead; \$1.5 billion in damage.

Aug. 24-27, 1992 — Andrew; Bahamas, South Florida, and Louisiana; 55 dead and more than \$20 billion in damage.

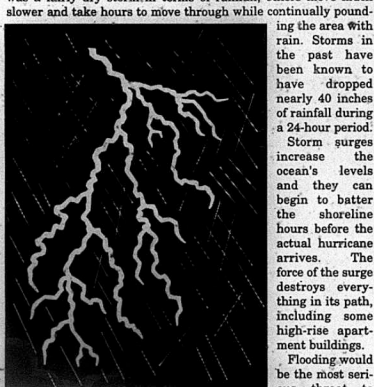
Hurricanes have formed in every month of the year except February. The season is considered to be from June 1 until November 30. The height of the season is the two weeks either side of Labor Day, the first Monday in September.

South Florida traditionally is the primary target of these hurricanes. Further up the East Coast and into the Treasure Coast, a severe storm has not made landfall since 1949.

While the winds in a hurricane can be very strong, the

danger is not from the wind itself, but from the items flying through the air. These can include roof tiles, pieces of buildings, and any loose unsecured items in yards. A 75 mph wind can throw a portion of a roof at tremendous force.

Heavy rains can combine with the winds and a storm surge from the ocean and cause extensive flooding. While Hurricane Andrew was a storm that moved quickly through the area, and was a fairly dry storm in terms of rainfall, others move much slower and take hours to move through while continually pounding the area with rain. Storms in the past have been known to have dropped nearly 40 inches of rainfall during a 24-hour period.



those who live near the lake. Many areas in Okeechobee and Glades counties are low lying and assuming the levee around the lake would hold, those low-lying areas would flood through the gates and spillways from the lake and from the Kissimmee River and the areas would stay flooded for weeks much as it did following the storm in 1947. Okeechobee County has suffered its share of tornadoes in the past 20 years. Tornadoes can be a special danger, often with many of them coming following the hurricane,

just when you think everything is clear and safe.

The current system of measuring hurricanes is done by categorizing them in five stages. Hurricane Andrew which hit Dade County in August 1992 was classified as a Category 4 storm when it made landfall.

• Category 1 - Winds: 74-95 mile per hour (mph) Damages: Minimal, signs, mobile homes not anchored, tree branches, power lines and some coastal flooding.

• Category 2 - Winds 96-110 mph Damages: Moderate; larger signs, roofs, doors, windows, mobile homes, small boats, tree branches, some flooding.

• Category 3 - Winds 111-130 mph Damages: Extensive; building damage, fallen walls, mobile homes, trees down, flooding up to 8 miles inland.

• Category 4 - Winds 131-155 mph Damages: Extreme; almost total destruction of doors and windows, some wall and roof failure, major damage to lower floors of ocean front buildings. Evacuation should be up to 6 miles inland.

• Category 5 - Winds 156+ mph Damages: Catastrophic; buildings; roofs destroyed. Floods up to 10 miles inland. Evacuation of entire area.

• Should you stay home?

If the storm is moderate and you feel the condition of your home and the health of family members is good, then remain after reinforcing the home.

• Should you stay with friends? Leave the region? Seek a shelter?

If you feel your home is not safe for you and your family, try friends who have a home that is storm worthy. Call early to make arrangements. Make sure they are not gone or have taken in someone else.

If you feel you want to leave the region, remember that no place in Florida is safe from a hurricane. Large storms could ultimately cover most parts of the state. Storms have crossed the state in both directions, from Gulf of Mexico to the Atlantic and vice versa.

As a last resort, seek a shelter. This should only be as a last resort because there are great needs for the shelters and those in Okeechobee are quite limited.

If you are ill, need special medical equipment such as oxygen, make arrangements now for special transportation to a facility that will be able to accommodate your special medical needs.

Shelter protocol: What you need to know if you go to a shelter

There are only two shelters in Western Palm Beach County - Glades Central Community High School in Belle Glade and Pahokee High School in Pahokee.

People are asked to use the shelters only as a last resort.

Those who do decide to go to a shelter need to know there is a list of dos and don'ts.

These are some of the things you need to bring to a shelter:

• Identification and insurance papers.

• Medicines you need and medic-alert tags.

• A 24-hour supply of water and food that is edible, as is. You are not permitted to cook in the shelter.

• Blankets, pillows and a sleeping bag. If you have back trouble and sleeping on a cot might aggravate the condition, take a simple beach chair or chaise lounge.

• Changes of clothing, soap, deodorant, etc.

• Flashlights and batteries.

• A radio and batteries

• Small games, books, magazines, cards.

• Baby needs: disposable diapers, formula, baby food, etc.

There are some definite rules of what is NOT permitted in a designated shelter. These are:

• No pets

• No alcoholic beverages

• No smoking materials

• No heavy luggage or several pieces

• No valuables

FEMA's list of necessary storm supplies

The Federal Emergency Management Agency suggests the following supply list in case of a hurricane.

• Canned goods and nonperishable foods that do not need cooking, such as:

• Canned meats and fish

• Canned soups and vegetables

• Canned soups and puddings

• Canned fruit juices

• Baby formula and food

• Bread, cookies, and crackers

• Peanut butter and jelly

• Shelf-package juice and milk boxes

• Canned and powdered milk

• Coffee and tea

• Bottled Water

• Manual can opener

• Prescription medication

(two-week supply)

• Pet food

• Water purification tablets (halazone)

• Disposable plates, cups and utensils

• Infant care items - disposable diapers

• First aid supplies

• Masking or duct tape

• Flashlight or lantern and extra batteries

• Battery-operated radio

• Matches in plastic bag

• Non-electric clock

• Ice chest

• Extra flashlight

• Canned heat (Sterno)

• Lamp or lantern with fuel supply

• Portable outdoor camping stove or grill with fuel supply

• Plastic trash bags

• Plastic sheeting for drop cloth

• Chlorinated bleach

• Fire extinguisher (ABC type)

• Other items that may be useful include:

• Hammer

• Screwdriver

• Wrenches

• Hand saw

• Ax or chain saw

• Rope caulking

• Nails and screws

• Bucket, mop, broom, scrub brush

• All purpose cleaner

• Ladder

• Sandbags

• Portable generator

• Sheets of plywood

• Shovel, rake, wheelbarrow

How hurricanes get their names

For several hundred years, hurricanes in the West Indies were named after the saint's day on which the hurricane occurred. During the 19th century, women's names began to be used and that practice became widespread during the Second World War. By 1978-79, the decision was made to use male and female names for Atlantic, Gulf of Mexico, and Eastern North Pacific hurricanes.

The National Hurricane Center near Miami keeps constant watch on oceanic storm breeding areas. If a disturbance intensifies into a tropical storm with rotary circulation and wind speeds between 39 and 79 miles per hour, the Center gives the storm a name. There are six lists of names, one list for each year. Each list contains 21 names. After a list has been used, it will be used again. For example, the 1999 list is the same list that was used in 1998. The names are used over and over with an important exception. The exception occurs when a severe hurricane strikes. In that situation, the name is retired and is replaced by another name starting with the same letter. For example, the name Andrew will not be used again.

The names given to hurricanes are international in origin, short, and distinctive. The lists of names are agreed upon during international meetings of the World Meteorological Organization by nations affected by hurricanes. Note that no hurricane names begin with the letters Q, U, X, Y or Z because of a shortage of names beginning with these letters.

1999 Hurricane Names

Arlene

Bret

Cindy

Dennis

Emily

Floyd

Gert

Harvey

Irene

Jose

Katrina

Lenny

Maria

Nate

Ophelia

Phillippe

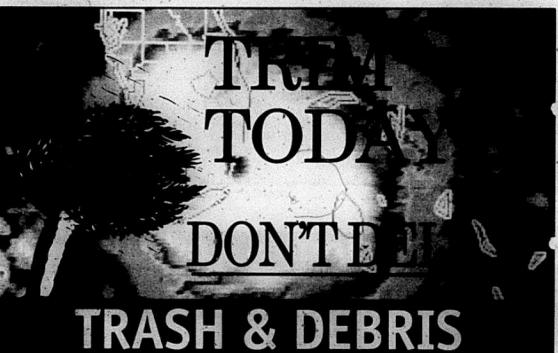
Rita

Stan

Tammy

Vince

Wilma



The Solid Waste Authority (SWA) is asking residents to prepare their yards early in the event of a major storm. Below is a check-list of things you can do to get ready.

PRE-STORM MAINTENANCE...

- DO keep a regular vegetative maintenance program all during the year by cutting back trees and dense foliage in your yard. Vegetation left out at the curb can also become flying debris during high winds.
- DO place tree trimmings at the curb on your regular garbage collection days and follow the 6/50 rule (bundles of yard waste cannot exceed 6 feet in length or 50 pounds).
- DO find out your next bulk waste collection day and discard unwanted items.
- DO trim trees and shrubbery regularly. Cut weak branches that could make contact with the building. Thin foliage so that winds can flow freely, decreasing the chance that plants will be uprooted.

BEFORE A STORM APPROACHES...

- DO keep a supply of heavy-duty plastic garbage bags on hand for household garbage.
- DON'T trim trees once a hurricane watch or warning is announced. This should be done way before a watch or a warning announcement.
- DON'T take materials to the curb, transfer stations or landfill during a watch or warning. Service will be suspended and facilities may be closed early to prepare for the storm.
- DON'T put garbage or bulky waste item at the curb in a junk pile. They will not be picked up that way.

AFTER THE STORM HAS PASSED...

- DO watch for news items and flyers for service information.
- DO call the SWA Hotline for information on disposal and collection services.
- DO understand that all services will resume as soon as possible after an emergency, although it may be several weeks before yard waste is removed.
- DO keep your waste separated at the curb (household garbage, vegetative waste, and miscellaneous debris or trash). Garbage collection is the number one priority.
- DO put all household garbage in securely tied plastic bags. Keeping household garbage in plastic bags will prevent it from becoming a health hazard if there is a delay in garbage collection.
- DO cut all tree limbs into sections of 6 feet or less.
- DO place smaller or loose items in garbage cans or plastic bags. (Weight limit is 50 lbs. per container).
- DO watch or listen to local Emergency Management broadcasts. In addition, you can call the SWA Emergency Information Hotline (640-4000) for service updates. We will release information on collection and disposal of waste as soon as it is available.
- DON'T expect your haulier to remove debris from anywhere but curbside or public roadways.
- DON'T risk injury or accident by placing debris near a fence, mailbox or on top of powerline equipment. Avoid poles, transformers, or downed electrical wiring.
- DON'T place recyclables at the curb until an announcement has been made that recycling collection service is back on a normal schedule.
- DON'T use paper bags for putting out household garbage.

For additional information call the Solid Waste Authority at 561 697-2700

